Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Key: A&C - Arts & Crafts Room BR - Ballroom LB - Lobby LG - Lounge LI - Library GR - Grill Room MDR - Main Dining Room PDR - Private Dining Room P - Pool	9:15 Strength & Tone (Video) -BR 10:00 Tai Chi -BR 10:00 Transportation to Library 11:00 Bealls & Marshalls Shopping 11:30 Cardio Drumming -BR 1:00 Total Body Stretch -BR 1:00 Pinochle -LG 2:00 Walmart 2:00 Mexican Train -LG 5:00 Red Hats Dinner -PDR 6:30 BINGO -BR	9:15 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 PUBLIX 11:00 Jewelry Class -A&C 11:00 Spring Smoothies (Peach & Strawberry) -LB 11:00 Chair Yoga -BR 12:30 Duplicate Bridge -PDR 1:00 Samba -LG 1:00 Total Core -BR 6:15 Poker -LG 6:30 TRIVIA BINGO w/ Dignity Memorial -BR	10:00 Lunch Outing to Sam's Beach Bar in Hudson - Advanced Sign-Up Required 11:00 Total Body Stretch -BR 1:00 PO•KE•NO -PDR 1:00 Hand and Foot Game -A&C 2:00 Mexican Train Dominos -LG 6:15 Poker -LG 6:30 BINGO -BR	9:15 Water Aerobics -P 10:00 Bible Study with Pastor Ernie Post -BR 11:00 National Vitamin C Day -LB 11:00 Chair Yoga -BR 12:30 Cornhole PRACTICE -BR 1:00 1st Round of Cornhole Competition (You MUST come to 1st Round to be Entered into Tournament!) -BR 1:00 Fun Bridge -LG 1:00 Rummikub -A&C 1:30 Poker -LG	9:15 NO Strength & Tone -BR 9:30 Rosary -BR 10:00 Catholic Mass -BR 10:00 PUBLIX 11:00 Hummingbird Diamond Art Key Chain Craft - Sign-Up Required Limited Space -BR 12:30 Duplicate Bridge -PDR 12:30 MahJong -LG 1:00 NO Fit Minds -A&C 2:00 DOLLAR TREE 3:00 Jewelry Class -A&C	9:15 Strength & Tone (Video) -BR 6 10:00 Men's Round Table -PDR 11:00 Pinochle -LG 11:00 - 12:30 Open Cornhole Practice -BR 1:00 PO•KE•NO -PDR 1:00 Samba -LG 2:30 Scrabble -LI 6:00 Movie Night: Queen Bees -BR (Netflix)
9:30 Grace Lutheran Church 10:30 Incarnation Catholic 1:00 Samba -LG 2:00 Countryside Mall Shopping 5:00 Movie: Shakespeare in Love - BR (Prime)	9:15 Strength & Tone (Video) -BR 10:00 Tai Chi -BR 10:00 Grapevine Meeting - A&C 10:00 BANKS 11:00 ALDI Shopping 11:30 Cardio Drumming -BR 1:00 NO Total Body Stretch -BR 1:00 Pinochle -LG 2:00 TARGET 2:00 Discovery University -BR 2:00 Mexican Train -LG 6:30 BINGO -BR	9:15 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 PUBLIX 11:00 Chair Yoga -BR 12:30 Duplicate Bridge -PDR 1:00 Samba -LG 1:00 Total Core -BR 2:00 Presentation by Residents Sara Deats, Florence Antoine, & Ken Bailey: Shakespeare's Cleopatra, Queen of the Infinite Variety -BR 6:15 Poker -LG 6:30 LIVE Entertainment by Carrollwood Brass Quintet -BR	7:30 HOT BREAKFAST -MDR 9:00 Pier 60 Sugar Sand Festival on Clearwater Beach with Lunch to Follow at Crabby's Dockside (Separate Cost) - \$16 Advanced Sign-Up & Payment Due by 4/1 9:15 Strength & Tone -BR 10:00 Crafts & Painting -A&C 11:00 Total Body Stretch -BR 1:00 FO+KE+NO -PDR 1:00 Knitting Club -A&C 1:00 Hand and Foot Game -LG 2:00 Mexican Train Dominos -LG 2:00 Town Hall Meeting -BR 6:15 Poker -LG 6:30 BINGO -BR	9:00 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 Hard Rock Casino 10:00 Bible Study with Pastor Ernie Post-BR 11:00 Chair Yoga -BR 12:30 Cornhole PRACTICE -BR 1:00 2nd Round of Cornhole Competition -BR 1:00 Fun Bridge -LG 1:00 Rummikub -A&C 1:30 Poker -LG 3:30 Departure for Dinner Out at Bon Appetit - Advanced Sign-Up Required	9:15 Strength & Tone-BR 10:00 PUBLIX 11:00 Chair Volleyball -BR 12:30 Duplicate Bridge -PDR 12:30 MahJong -LG 1:00 Fit Minds -A&C 2:00 PHARMACY 2:00 DIY Charcuterie Boards - \$5 Cash Sign-Up & Payment Due by 4/5 - BR 3:00 Jewelry Class -A&C 6:00 Jewish Prayer Service -BR	9:00 Kol Ami Synagogue 9:15 Balance & Posture (Video) -BR 10:00 Men's Round Table -PDR 11:00 Pinochle -LG 11:00 - 12:30 Open Cornhole Practice -BR 1:00 PO•KE•NO -PDR 1:00 Samba -LG 2:30 Aston Downs Horse Racing -BR 2:30 Scrabble -LI 6:00 Movie Night: Dolphin Tale -BR (Prime)
9:30 Grace Lutheran Church 10:30 Incarnation Catholic 1:00 Samba -LG 2:00 Citrus Park Mall Shopping 5:00 Movie: Titanic -BR (Prime)	9:15 Strength & Tone -BR 10:00 Tai Chi -BR 10:00 Shopping with Dory -LB 10:00 Transportation to Library 11:00 Hobby Lobby, Barnes N Noble, World Market Clearwater Shopping Plaza 11:30 Cardio Drumming -BR 12:00 Monthly Birthday Social RSVP -MDR 1:00 Total Body Stretch -BR 1:00 Pinochle -LG 1:45 21st Century Book Club -BR 2:00 WALMART 2:00 Mexican Train Dominoes-LG 6:30 BINGO -BR	9:15 Balance & Posture (Video) -BR 16 9:15 Water Aerobics -P 10:00 PUBLIX 11:00 Jewelry Class - A&C 11:00 Chair Yoga -BR 12:30 Duplicate Bridge -PDR 1:00 Samba -LG 1:00 Total Core -BR 6:15 Poker -LG	9:15 Strength & Tone -BR 10:00 Crafts & Painting -A&C 10:00 Villas Planning Mtg -PDR 11:00 Total Body Stretch -BR 11:30 Outing to Tampa Bay Downs - Advanced Sign-Up Required 1:00 PO•KE•NO -PDR 1:00 Hand and Foot Game -A&C 1:00 Hymns with Joyce Gover -BR 2:00 Mexican Train Dominoes -LG 2:30 Resident Ambassador Social -BR 6:30 BINGO -BR	9:00 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 Bible Study with Pastor Ernie Post-BR 10:45 Senior Luncheon at Congregation Schaarai Zedek - Sign-Up Required by 4/10 11:00 Chair Yoga -BR 12:30 Cornhole PRACTICE -BR 1:00 3rd Round of Cornhole Competition -BR 1:00 Fun Bridge -LG 1:00 Rummikub -A&C 1:30 Poker -LG	9:15 NO Strength & Tone-BR 10:00 NO PUBLIX 10:45 First Bus Departs for Picnic in the Park at Philippe Park with Catering by Mission BBQ, Live Music Entertainment by Craig - \$12 Cash Advanced Sign-Up & Payment Required by 4/8 12:30 Duplicate Bridge -PDR 12:30 MahJong -LG 1:00 NO Fit Minds -A&C 2:00 NO DOLLAR TREE 3:00 Jewelry Class -A&C	9:15 Strength & Tone (Video) -BR 10:00 Men's Round Table -PDR 11:00 Pinochle -LG 11:00 Red Hats Lunch Out 11:00 - 12:30 Open Cornhole Practice -BR 1:00 PO•KE•NO -PDR 1:00 Samba -LG 2:30 Scrabble -LI 6:00 Movie Night: What About Bob? -BR (Prime)
2:00 LIVE Entertainment by New Horizons Jazz Band -BR 5:00 Movie: Son of God -BR (Prime)	9:15 Strength & Tone -BR 10:00 Tai Chi -BR 10:00 BANKS 11:00 Citrus Park Plaza: Burlington, Five Below, Pop Shelf, JoAnn Fabric, Big Lots 11:30 Cardio Drumming -BR 1:00 Total Body Stretch -BR 1:00 Pinochle -LG 2:00 TARGET 2:00 Earth Day Craft -BR 2:00 Mexican Train -LG 6:30 BINGO -BR Passover Begins Earth Day	9:15 Balance & Posture (Video) -BR 23 9:15 Water Aerobics -P 10:00 PUBLIX 11:00 Chair Yoga -BR 12:30 Duplicate Bridge -PDR 1:00 Samba -LG 1:00 NO Total Core -BR 2:00 Professional Bra Fittings with Dillard's Lingerie Department for Breast Cancer Awareness & Research -BR 6:15 Poker -LG	9:15 Strength & Tone -BR 9:30 Outing to Divine Ceramics with Lunch to Follow at Bliss Family Restaurant - \$10 Cash Deposit to Celebrations Due by 4/11 10:00 Crafts & Painting - A&C 10:30 Villas Mtg -BR 11:00 NO Total Body Stretch -BR 1:00 PO•KE•NO -PDR 1:00 Hand and Foot Game -A&C 2:00 Mexican Train Dominoes -LG 4:00 Passover Seder Dinner: RSVP -BR 6:15 Poker -LG 6:30 NO BINGO - BR	9:00 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 Bible Study with Pastor Ernie Post-BR 10:15 Walking Trail at Glencliff Park Sign-Up 11:00 Chair Yoga -BR 12:30 Cornhole PRACTICE -BR 1:00 FINAL Round of Cornhole Competition -BR 1:00 Fun Bridge -LG 1:00 Fun Bridge -LG 1:30 Poker -LG 2:00 Walking Challenge Information Meeting and Registration -BR	9:15 Strength & Tone-BR 10:00 PUBLIX 11:00 Chair Volleyball -BR 12:30 Duplicate Bridge -PDR 12:30 MahJong -LG 1:00 Fit Minds -A&C 2:00 PHARMACY 3:00 Jewelry Class -A&C 6:00 Jewish Prayer Service -BR	9:00 Kol Ami Synagogue 9:15 Balance & Posture (Video) -BR 10:00 Men's Round Table -PDR 11:00 Pinochle -LG 11:00 Spring Bracelets with Caitlin -BR 1:00 PO•KE•NO -PDR 1:00 Samba -LG 2:30 Scrabble -LI 2:30 Aston Downs Horse Racing -BR 6:00 Movie Night: Annie -BR (Netflix)
9:30 Grace Lutheran Church 10:30 Incarnation Catholic 1:00 Samba -LG 2:00 Westshore Mall Shopping	9:15 Strength & Tone -BR 10:00 Tai Chi -BR 11:00 Salvation Army 11:30 Cardio Drumming -BR 1:00 Total Body Stretch -BR 1:00 Pinochle -LG	9:15 Balance & Posture (Video) -BR 9:15 Water Aerobics -P 10:00 PUBLIX 11:00 Jewelry Class - A&C 11:00 Chair Yoga -BR 11:00 National Oatmeal Cookie Day -LB 12:30 Duplicate Bridge -PDR		Δ mri1	2024	





12:30 Duplicate Bridge -PDR

2:00 Presentation by Jewish Genealogy Society of Tampa Bay: Introduction to Jewish

1:00 Samba -LG 1:00 Total Core -BR

Genealogy -BR

6:15 Poker -LG

2:00 Fun Bingo with Caitlin -BR

5:00 Movie: La La Land-BR (Prime)

1:00 Pinochle -LG

2:00 WALMART

6:30 BINGO -BR

2:00 Presentation: A Legacy of Love

with Scott Petrucci, ChFC - BR 2:00 Mexican Train Dominoes-LG

Sunday	Monday	Tuesday	wednesday	Thursday	Friday	Saturday	_
ASTON GARDENS At Tampa Bay By Discovery Senior Living	9:00 Tai Chi 10:00 Music Therapy 10:30 Bible Study -Terri 12:30 Bird Watching 1:00 Popcorn and Puzzles 2:30 Comedy Hour 3:00 Equations 5:30 Puzzle Hour	8:30 Morning Walk 9:00 Kreative Krafts 11:00 Word Mining 12:30 Scenic Ride 2:30 DIY Sugar Cone Bird Feeder 5:30 Coloring Pages	8:30 National Walking Day 3 10:00 Lunch Outing -Top of the Palms 1:00 USF Guided Tour 1:30 Afternoon Exercise 3:00 Live Entertainment -Carla 5:30 Movie & Popcorn -Resident Choice	8:30 Morning Walk 9:00 Mani & Massage 10:00 Chair Yoga 11:00 Word Mining 12:30 Scenic Ride 2:00 Nat'l Vitamin C Day 3:00 Afternoon Exercise	8:30 Morning Walk 9:30 Council Commitee Meeting 10:00 Mani & Massage 1:00 Women's Corner 2:30 Happy Hour 3:00 Live Entertainment -Hugo	10:30 Stretch & Flex 11:00 Trivia 12:30 1:1 Room Visits & Hydration 1:30 Would You Rather 2:30 Fresh Fruit	6
9:30 Sunday Service 7 10:30 Stretch & Flex 11:00 Brain Teasers 12:00 Mimosas 1:30 BINGO 2:30 Memories	9:00 Tai Chi 10:00 Music Therapy 10:30 Bible Study -Terri 1:00 Hand Stretches - Playdoh 2:00 Pet Therapy -Bear 3:00 Chair Volleyball 5:30 Puzzle Hour *Payment Due for Picnic	8:30 Morning Walk 10:30 Facts about the Month of April 11:00 Sudoku 12:30 Scenic Ride 2:30 InstruMix 3:00 Fit Minds 5:30 Coloring Pages	8:30 Morning Walk 9:00 Trivia 10:30 Lunch Outing -Frenchy's 1:30 Afternoon Exercise 2:00 Prayers with Peggy 5:30 Movie & Popcorn -Resident Choice	8:30 Morning Walk 10:00 Chair Yoga 10:30 Resident Council Meeting 12:30 Scenic Ride 2:00 Pet Therapy -Sushi 5:30 Activity Station	8:30 Morning Walk 9:30 Dollar BINGO 12:00 Birthday Celebration 1:00 Women's Corner 2:30 Happy Hour 3:30 Live Entertainment -Craig	10:30 Stretch & Flex 11:00 Trivia 12:30 1:1 Room Visits & Hydration 1:00 BINGO 2:30 Ice Cream Bars	13
9:30 Sunday Service 10:30 Stretch & Flex 11:00 Brain Teasers 12:00 Mimosas 1:00 BINGO 2:30 Mingle & Music	9:00 Tai Chi 10:00 Music Therapy 10:30 Bible Study 1:30 Trash Card Game 2:30 LCR Dice Game 5:30 Puzzle Hour	8:30 Morning Walk 9:00 Kreative Krafts 10:30 Prayers with Peggy 11:00 Quick Math 12:30 Scenic Ride 2:30 Sit & Stay Pet Therapy 3:30 Afternoon Exercise 5:30 Coloring Pages	8:30 Morning Walk 10:00 Trivia 11:00 Lunch Outing Chili's 2:30 Happy Hour 3:00 Live Entertainment -Just Us Duo 5:30 Movie & Popcorn -Resident Choice	8:30 Morning Walk 9:00 Mani & Massage 10:00 Chair Yoga 12:30 Scenic Ride 2:00 Hydration & Snacks 3:00 Afternoon Exercise 5:30 Activity Station	10:00 Picnic in the Park at 19 Philippe Park with Catering by Mission BBQ, Live Music Entertainment by Craig - \$12 Cash Advanced Sign-Up & Payment Required by 4/8 3:00 Live Entertainment -Robin	10:00 Paws & Friendship 10:30 Stretch & Flex 11:00 Trivia 12:30 1:1 Room Visits & Hydration 1:30 Noodle Exercise 2:30 Popcorn & Pop	20
10:00 BINGO 21 11:00 Word Game 12:00 Mimosas 1:30 Cornhole 2:30 Happy Hour 3:00 Live Entertainment -Richie Bell	9:00 Tai Chi 10:00 Music Therapy 10:30 Bible Study 12:30 Plant a Seed 2:30 SKIP-BO 3:00 Afternoon Exercise 5:30 Puzzle Hour Passover Begins Earth Day	8:30 Morning Walk 10:30 Lorena's Topic 12:30 Scenic Ride 2:30 InstruMix 3:00 Fit Minds 5:30 Coloring Pages	8:30 Morning Walk 10:30 Sudoku 11:00 Lunch Outing JGoody's Cafe 1:00 Afternoon Exercise 2:00 Trivia & Tea 3:00 Activity Station	8:30 Morning Walk 10:00 Chair Yoga 12:30 Scenic Tour & Treats 2:00 Prayers with Peggy 3:00 Afternoon Exercise 5:30 Activity Station	10:00 Morning Stretch 10:30 Trivia 1:00 Women's Corner 2:30 Happy Hour 3:00 Live Entertainment -Lemay	10:30 Stretch & Flex 11:00 Trivia 12:30 1:1 Room Visits & Hydration 1:30 BINGO 2:30 Milk & Cookies	27
10:00 Stretch & Flex 11:00 Brain Teasers 12:00 Mimosas 1:30 BINGO 2:30 Dominoes 5:30 Card Game	9:00 Tai Chi 29 10:00 Music Therapy 10:30 Bible Study -Terri 1:00 Popcorn and Puzzles 2:30 Memories in the Great Outdoors 3:00 Afternoon Exercise 5:30 Puzzle Hour	8:30 Morning Walk 10:00 Morning Moves 11:00 Word Mining 12:30 Scenic Ride 2:00 National Oatmeal Cookie Day 3:00 Joggin' Your Noggin 5:30 Coloring Pages		April Assiste	1 2024 d Living	4	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	,
9:30 Morning Prayer 10:00 Aroma Therapy 2:00 Baby Sitters Club 3:00 Music Therapy 4:00 Sing Along - Linda 6:00 Movie	9:10 Tai Chi-Bonnie 10:30 Bible Study 1:00 Look at Photos in a Photography Book 2:30 Making Coffee 3:00 Refresh on the Porch 6:00 Soft Music	9:00 Daily Chronicle 10:30 Sensory Bucket 1:00 Tasting Fruits 2:30 Aqua Painting 3:30 Music Therapy 4:00 Trivia	9:00 Sensory Hour 10:00 Walking Club 1:00 Beauty Hour 2:00 Color by Numbers 4:00 Singing With Linda 6:00 Movie	9:00 Morning Prayer 10:00 Memory Cart Game 1:00 Music Therapy 2:30 Afternoon Exercise 3:30 Music Therapy 4:00 Trivia With Linda 6:00 Soft Music	9:00 Puzzles 10:00 Sensory Bucket 1:00 Hydration Cart 2:30 Happy Hour 3:00 Live Entertainment 6:00 Relaxation to Music	9:30 Relaxation to Music 1:00 Touch And Feel 2:00 Hydration Cart 3:00 Look at Family Photo Albums 6:00 Movie & Popcorn	6
9:30 Morning Prayer 10:00 Baby Sitters Club 2:00 Hydration Cart 3:00 Aroma Therapy 5:00 Sensory Bucket 6:00 Relaxation to Music	9:00 Tai Chi-Bonnie 10:00 Sensory Stimulation 1:00 Tasting Fruits 2:00 Match The Image 3:30 Hand Massage 5:30 Music Therapy	9:00 Puzzle 10:30 Bible Study 12:30 Mystery Ride 1:00 Bean bag Toss 2:00 Coffee Times 6:00 Soft Music	9:00 Morning Prayer 10:00 Walking Club 1:00 Music Therapy 2:00 Ice Cream Social 3:00 Aroma Therapy 6:00 Movie & Popcorn	9:00 Daily Chronicle 10:00 Chair Yoga- Debi 12:30 Mystery Bus Ride 2:00 Sit in the Porch / Snack Cart 3:30 Touch & Feel 4:00 Sing Along - Linda	9:00 Coffee & Memories 10:00 Music Therapy 1:00 Babysitters Club 2:30 Happy Hour 3:00 Live Entertainment 6:00 Movie & Popcorn	9:00 Music Therapy 10:00 Aqua Painting 2:00 Hydration Cart / Snack 3:00 Sensory Hour 6:00 Movie & Popcorn	3
9:30 Morning Prayer 10:00 Yoga 2:00 Baby Sitters Club 3:00 Music Therapy 4:00 Sing Along - Linda 6:00 Movie	9:10 Tai Chi-Bonnie 10:00 Bible Study 1:00 Cupcakes Decorations 2:30 Babysitters Club 6:00 Movie & Popcorn	9:00 Coloring Pages 10:00 Exercises 1:00 Coffee & Memories 2:30 Visiting the Bookstore 4:00 Soft Music 5:30 Music Therapy	9:00 Walking Club 11:00 Lunch Outing 2:30 Memory Card Game 4:00 Singing With Linda 5:30 Soft Music	9:00 Music Therapy 10:00 Chair Yoga- Debi 1:00 Milkshakes in the Great Outdoors 3:00 Meditation 6:00 Soft Music	10:45 Picnic in the Park at Philippe Park with Catering by Mission BBQ, Live Music Entertainment by Craig - \$12 Cash Advanced Sign-Up & Payment Required by 4/8 3:00 Live Entertainment -Robin	9:30 Quilt Therapy 10:00 Aroma Therapy 2:00 Hydration Cart / Snack 3:00 Trivia 6:00 Movie & Popcorn	20
9:30 Sunday Service YouTube 10:30 Picture card Game 2:00 Happy Hour 3:00 Live Entertainment -Richie Bell	10:00 Bible Study 12:00 Ice Cream Social 1:00 Sensory Stimulation 2:00 Hydration Cart / Snack 3:00 Sing A Long 5:30 Soft Music	9:00 Touch & Feel 10:30 Walking Club 12:30 Mystery Ride 2:30 Sit in the Porch / Snack Cart 3:30 Exercise 5:30 Movies	9:00 Music Therapy 12:00 Special Lunch in the Patio with Dayanaisy 2:00 Coffee & Memories 3:00 Picture Card (Game) 5:30 Movie & Popcorn	9:00 Music Therapy 10:00 Chair Yoga- Debi 12:30 Mystery Bus Ride 3:30 Memory Card Game 4:00 Sing Along- Linda 6:00 Relaxation to Music	9:00 Sensory Bucket 10:00 Visiting the Bookstore 1:00 Color By Number 2:00 Happy Hour 3:00 Live Entertainment 6:00 Movie & Popcorn	9:30 Morning Prayer 10:30 Soft Music 1:00 Aroma Therapy 2:30 Touch & Feel 3:00 Sensory Bucket 6:00 Movie & Popcorn	27
9:30 Sunday Service 28 YouTube 10:30 Yoga Vista Exercise 2:00 Hydration Cart 2:30 Animal Puzzles 3:00 Sensory Hour 5:30 Trivia-Linda	9:00 Yoga 10:00 Bible Study 1:00 Sensory Stimulation 2:00 Hydration Cart /Snack 3:30 Exercise 5:30 Soft Music	9:00 Walking Club 10:30 Visiting the Bookstore 12:30 Mystery Ride 4:00 Babysitters Club 6:00 Music Therapy			2024 mory Care	ASTON GARDENS At Tampa Bay By Discovery Senior Living	