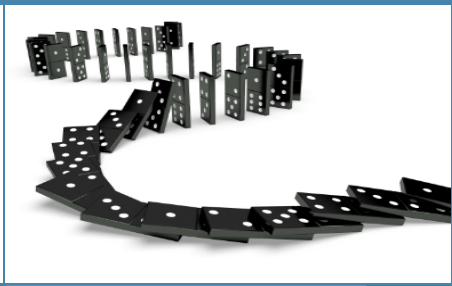


SUN MON TUE WED THUR FRI SAT



All Programs are Subject to Change



WED

THUR



SAT

9:00 Walking Club
9:30 Yoga for Seniors
11:00 Lummi Stick Music Fun (L)
1:15 Tell Us Something Good (L)
1:30 Showtime w/ James Perkowski (DR)
2:30 Hors D'oeuvre Social (L)
2:45 Celebrity Bingo (L)
7:00 Travel Video: Costa Rica (Channel 901)

9:30 Yoga for Seniors
10:00 Exercise Class (L)
10:30 Sing-A-Long (L)
1:15 Tell Us Something Good (L)
1:30 Trivia w/ Kath (L)
2:30 Hors D'oeuvre Social (L)
2:45 Kathleen's Bingo (FR)
6:30 Evening Movie: The Truth about Cats and Dogs (FR)
6:30 Puzzles w/ Kathleen (L)

9:30 Yoga for Seniors
10:00 Walking Club (Meet in Lobby)
10:30 Trip to Target
10:30 Word Search/Word Jumble/ Crosswords (L)
11:00 Scrabble Club (DK)
1:15 Tell Us Something Good (L)
1:30 Pokeno (FR)
2:30 Snacks and Some (L)
3:00 Mahjong Game (FR)
7:30 Biography: Grace Kelly- The American Princess (Channel 901)

9:00 Walking Club
9:30 Yoga for Seniors
10:00 Domino Club (DK)
10:00 Jessie and Shelby Visit- Pet Therapy
1:15 Tell Us Something Good (L)
1:30 Finish the Line (L)
2:30 Chat and Nibble (L)
3:00 Singing Biography (L)
6:15 Bingo w/ Elyn (FR)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
10:30 Creative Colors and Conversation (DK)
1:15 Tell Us Something Good (L)
1:30 Colorful Questions (L)
2:30 Ice Cream Social (L)
3:00 Knitting/Crocheting Club (L)

Lobby)
9:30 Yoga for Seniors
10:15 Tell Us Something Good (L)
10:30 Word Games w/ Ally (L)
1:30 Music with Joel (DR)
2:30 Ally Says... (L)
2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
7:30 Video Concert: Rod Stewart (Channel 901)

New Year's Day
9:30 Dominoes Club (DK)
9:30 Yoga for Seniors
10:00 Resolutions of 2022 w/ Kath (L)
11:00 Ball-A-Size- Exercise Class w/ Kath (L)
1:30 Music with Joel (DR)
2:30 Ice Cream Social (L)
3:00 New Years Day Words (L)
6:30 Evening Movie: Young Man with a Horn (FR)

9:00 Walking Club
9:30 Yoga for Seniors
11:00 Lummi Stick Music Fun (L)
1:15 Tell Us Something Good (L)
1:30 BrainTeasers w/ Kathleen (L)
2:30 Hors D'oeuvre Social (L)
2:45 Music Bingo (L)
7:00 Rick Steves' Travel: Cruising the Mediterranean (Channel 901)

9:30 Yoga for Seniors
10:00 Exercise Class (L)
10:30 Sing-A-Long (L)
1:15 Tell Us Something Good (L)
1:30 News and Views (L)
2:30 Hors D'oeuvre Social (L)
2:45 Kathleen's Bingo (FR)
6:30 Evening Movie: Fried Green Tomatos (FR)
6:30 Puzzles w/ Kathleen (L)

10:00-12:00- Helping with Surveys- L
9:30 Yoga for Seniors
10:00 Walking Club (Meet in Lobby)
10:30 Trip To Publix
11:00 Scrabble Club (DK)
1:30 Scenic Bus Ride: Sign up at front desk!
2:30 Snacks and Some (L)
3:00 Mahjong Game (FR)
7:30 Documentary: George Gershwin (Channel 901)

9:00 Walking Club
9:30 Yoga for Seniors
10:00 Domino Club (DK)
10:00 Jessie and Shelby Visit- Pet Therapy
1:15 Tell Us Something Good (L)
1:30 Bowling w/ Elyn (L)
2:30 Chat and Nibble (L)
3:00 Singing Biography (L)
6:15 Bingo w/ Elyn (FR)

1:30- 3:30- Helping with Surveys- L
9:30 Yoga for Seniors
10:30 Catholic Service (FR)
10:30 Creative Colors and Conversation (DK)
1:15 Tell Us Something Good (L)
1:30 Brain Games w/ Kathleen
2:30 Ice Cream Social (L)
3:00 Knitting/Crocheting Club (L)

9:00 Walking Club (Meet in Lobby)
9:30 Yoga for Seniors
10:15 Tell Us Something Good (L)
10:30 Word Games w/ Ally (L)
1:30 Music with Joel (DR)
2:30 Ally Says... (L)
2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
7:30 Concert: The Platters and Friends (Channel 901)

10:00- 12:00- Helping with Surveys- L
9:30 Dominoes Club (DK)
9:30 Yoga for Seniors
11:00 Ball-A-Size- Exercise Class w/ Ally (L)
1:15 Tell us Something that Makes YOU Happy (L)
1:30 Mind Games w/ Ally (Lobby)
2:30 Ice Cream Social (L)
3:00 Nickel Texas Hold'em Poker Game w/ Ally (DK)
6:30 Evening Movie: The Iron Lady (FR)

9:00 Walking Club
9:30 Yoga for Seniors
11:00 Lummi Stick Music Fun (L)
1:15 Tell Us Something Good (L)
1:30 BrainTeasers w/ Kathleen (L)
2:30 Hors D'oeuvre Social (L)
2:45 Celebrity Bingo (L)
7:00 Travel Documentary: Australia (Channel 901)

Martin Luther King Jr. Day
9:30 Yoga for Seniors
10:00 Exercise Class (L)
10:30 Sing-A-Long (L)
1:15 Tell Us Something Good (L)
1:30 MLK Trivia w/ Kath (L)
2:30 Hors D'oeuvre Social (L)
2:45 Kathleen's Bingo (FR)
6:30 Evening Movie: Dances with Wolves (FR)
6:30 Puzzles w/ Kathleen (L)

10:00- 12:00- Helping with Surveys- L
9:30 Yoga for Seniors
10:00 Walking Club (Meet in Lobby)
10:30 Trip to the Dollar Store
10:30 Word Search/Word Jumble/ Crosswords (L)
11:00 Scrabble Club (DK)
1:30 Art, Paper, Scissors w/ Alberto (FR)
2:30 Snacks and Some (L)
3:00 Mahjong Game (FR)
7:30 Jerry Lewis Exclusive (Channel 901)

1:30- 3:30- Helping with Surveys- L
9:00 Walking Club
9:30 Yoga for Seniors
10:00 Domino Club (DK)
10:00 Jessie and Shelby Visit- Pet Therapy
1:15 Tell Us Something Good (L)
1:30 Finish the Line (L)
2:30 Chat and Nibble (L)
3:00 Singing Biography (L)
6:15 Bingo w/ Elyn (FR)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
10:30 Creative Colors and Conversation (DK)
10:30 Lion Country Safari Trip Sign Up at Front Desk
2:30 Ice Cream Social (L)
3:00 Knitting/Crocheting Club (L)

9:00 Walking Club (Meet in Lobby)
9:30 Yoga for Seniors
10:15 Tell Us Something Good (L)
10:30 Word Games w/ Ally (L)
1:30 Music with Joel (DR)
2:30 Ally Says... (L)
2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
7:30 The Best of Dean Martin video (Channel 901)

9:30 Dominoes Club (DK)
9:30 Yoga for Seniors
11:00 Ball-A-Size- Exercise Class w/ Ally (L)
1:15 Tell us Something that Makes YOU Happy (L)
1:30 Brain Strain w/ Allyson (L)
2:30 Ice Cream Social (L)
3:00 Nickel Texas Hold'em Poker Game w/ Ally (DK)
6:30 Evening Movie: Erin Brockovich (FR)

9:00 Walking Club
9:30 Yoga for Seniors
11:00 Lummi Stick Music Fun (L)
1:15 Tell Us Something Good (L)
1:30 BrainTeasers w/ Kathleen (L)
2:30 Hors D'oeuvre Social (L)
2:45 Music Bingo (L)

9:30 Yoga for Seniors
10:00 Exercise Class (L)
10:30 Sing-A-Long (L)
1:15 Tell Us Something Good (L)
1:30 News and Views (L)
2:30 Hors D'oeuvre Social (L)
2:45 Kathleen's Bingo (FR)
6:30 Evening Movie: What about Bob? (FR)
6:30 Puzzles w/ Kathleen (L)

9:30 Yoga for Seniors
10:00 Walking Club (Meet in Lobby)
10:30 Trip To Publix
10:30 Word Search/Word Jumble/ Crosswords (L)
11:00 Scrabble Club (DK)
1:30 Scenic Bus Ride: Sign up at front desk!
2:30 Snacks and Some (L)
3:00 Mahjong Game (FR)
7:30 Biography: Cary Grant (Channel 901)

9:00 Walking Club
9:30 Yoga for Seniors
10:00 Domino Club (DK)
10:00 Jessie and Shelby Visit- Pet Therapy
1:15 Tell Us Something Good (L)
1:30 Bowling w/ Elyn (L)
2:30 Chat and Nibble (L)
3:00 Singing Biography (L)
6:15 Bingo w/ Elyn (FR)

9:30 Yoga for Seniors
10:30 Catholic Service (FR)
10:30 Creative Colors and Conversation (DK)
1:15 Tell Us Something Good (L)
1:30 Brain Games w/ Kathleen
2:30 Ice Cream Social (L)
3:00 Food Meeting (L)
3:30 Resident Meeting (L)

9:00 Walking Club (Meet in Lobby)
9:30 Yoga for Seniors
10:15 Tell Us Something Good (L)
10:30 Word Games w/ Ally (L)
1:30 Music with Joel (DR)
2:30 Ally Says... (L)
2:45 Hors D'oeuvre Social (L)
3:30 Shabbat Services (FR)
7:30 Elvis Concert: Aloha from Hawaii (Channel 901)

9:30 Dominoes Club (DK)
9:30 Yoga for Seniors
11:00 Ball-A-Size- Exercise Class w/ Ally (L)
1:30 "New Year, Healthier You" Fun Food Trivia w/ Ally (L)
2:30 Ice Cream Social (L)
3:00 Nickel Texas Hold'em Poker Game (DK)
6:30 Evening Movie: West Side Story Movie Club Movie (FR)

9:00 Walking Club
9:30 Yoga for Seniors
11:00 Lummi Stick Music Fun (L)
1:15 Tell Us Something Good (L)
1:30 BrainTeasers w/ Kathleen (L)
2:30 Hors D'oeuvre Social (L)
2:45 Celebrity Bingo (L)

9:30 Yoga for Seniors
10:00 Exercise Class (L)
10:30 "Movie Club" West Side Story (L)
1:15 Tell Us Something Good (L)
1:30 Trivia w/ Kath (L)
2:30 Hors D'oeuvre Social (L)
2:45 Kathleen's Bingo (FR)
6:30 Evening Movie: No Remorse (FR)
6:30 Puzzles w/ Kathleen (L)



L- Lobby
DK- Downstairs Kitchen
FR- Fountain Room
DR- Dining Room



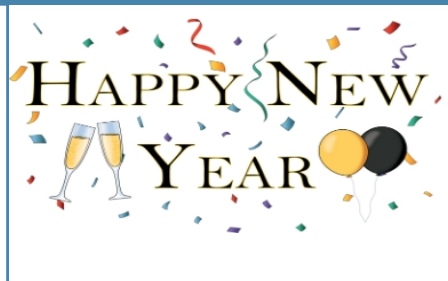
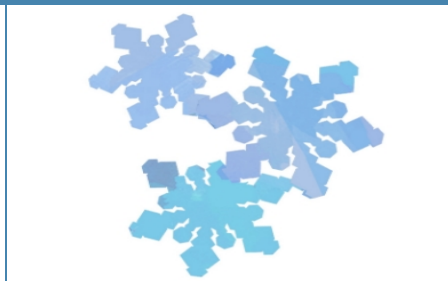
January 2022

The Inn at Aston Gardens Assisted Living

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>10:00 Depart for Catholic Services (Lobby) 30</p> <p>10:30 Chair Exercise with Karen (Tent)</p> <p>2:00 Current Events with Art Brownstein (Tent)</p>	<p>10:00 Banking & Shopping Trip 31</p> <p>10:00 Exercise with Karen (Tent)</p> <p>1:00 Pokerkeeno with Ellyn (Tent)</p> <p>1:00 Publix & Walmart Coral Ridge</p> <p>2:00 Coloring with Ellyn (Tent)</p> <p>3:00 Knitting and more with Ellyn (Tent)</p> <p>7:10 Jukebox Bingo with Doug Shannon (Tent)</p>					<p><i>New Year's Day</i> 1</p> <p>1:00 Pokerkeeno Club (Tent)</p> <p>2:00 Jeopardy with Ellyn (Tent)</p> <p>3:00 Dominoes with Ellyn (Tent)</p> <p>7:30 Showtime with singer Iris Revson (Tent)</p>
<p>10:00 Depart for Catholic Services (Lobby) 2</p> <p>10:30 Chair Exercise with Karen (Tent)</p> <p>2:00 Current Events with Art Brownstein (Tent)</p> <p>7:00 Travel Video: Costa Rica (Channel 901)</p>	<p>10:00 Banking & Shopping Trip 3</p> <p>10:00 Exercise with Karen (Tent)</p> <p>10:45 Coconut Creek Casino (Lobby)</p> <p>11:00 Calvary Chapel Bible Study (Tent)</p> <p>1:00 Pokerkeeno with Ellyn (Tent)</p> <p>1:00 Publix & Walmart Coral Ridge</p> <p>2:00 Arts and Crafts (Tent)</p> <p>3:00 Knitting and more with Ellyn (Tent)</p> <p>7:10 Team Trivia with STEVE (Tent)</p>	<p>11:00 Art Class on your own (Assisted Living Fountain Room) 4</p> <p>11:00 Chair Exercise with Karen (Tent)</p> <p>11:00 Publix & Walmart Coral Ridge</p> <p>1:00 Word Mining with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:00 Poker (Tent)</p> <p>7:30 Biography: Grace Kelly- The American Princess (Channel 901)</p>	<p>10:00 Chair Zumba with Julie (Tent) 5</p> <p>10:00 Coral Landings Shopping (Lobby)</p> <p>11:00 CHAIR ZUMBA VIDEO (Channel 901)</p> <p>11:00 Rummy Q with Ellyn (Tent)</p> <p>1:00 Banking & Shopping Trip (Lobby)</p> <p>7:30 How the Great Lakes were formed video (Channel 901)</p>	<p>10:30 Catholic Services (Assisted Living Fountain Rm) 6</p> <p>11:00 Publix & Walmart Coral Ridge (Lobby)</p> <p>11:00 Silver Sneakers video (Channel 901)</p> <p>1:00 New Year's Resolutions from 1:00-1:10pm (Tent)</p> <p>1:10 Trivia with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:30 Linda Ronstadt - The Sound of My Voice (Channel 901)</p>	<p>10:00 Live Yoga & Guided Relaxation with Paula! (Tent) 7</p> <p>11:00 Coral Square Mall</p> <p>2:00 Sing A Long with Gene Fabian (Tent)</p> <p>7:00 Sabbath Service (Tent)</p> <p>7:30 Video Concert: Rod Stewart (Channel 901)</p>	<p>11:00 Aston Resident Chorus Rehearsal (Tent) 8</p> <p>1:00 Pokerkeeno Club (Tent)</p> <p>2:00 Red Derby Ladies Club (Tent)</p> <p>3:00 Dominoes with Ellyn (Tent)</p> <p>7:30 Showtime with singer Eric Haubner (Tent)</p>
<p>10:00 Depart for Catholic Services (Lobby) 9</p> <p>10:30 Chair Exercise with Karen (Tent)</p> <p>2:00 Showtime with Joshua Pearl (Tent)</p> <p>7:00 Rick Steves' Travel: Cruising the Mediterranean (Channel 901)</p>	<p>10:00 Banking & Shopping Trip 10</p> <p>10:00 Exercise with Karen (Tent)</p> <p>11:00 Understanding the Bible with Rodger Gobel (Tent)</p> <p>11:15 Out to Lunch with Karen</p> <p>1:00 Pokerkeeno with Ellyn (Tent)</p> <p>1:00 Publix & Walmart Coral Ridge</p> <p>2:00 Coloring with Ellyn (Tent)</p> <p>3:00 Knitting and more with Ellyn (Tent)</p> <p>7:10 Harry Getzov Presents (Tent)</p>	<p>11:00 Art Class on your own (Assisted Living Fountain Room) 11</p> <p>11:00 Chair Exercise with Karen (Tent)</p> <p>11:00 Publix & Walmart Coral Ridge</p> <p>1:00 Word Mining with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:00 Poker (Tent)</p> <p>7:30 Documentary: George Gershwin (Channel 901)</p>	<p>10:00 Chair Zumba with Julie (Tent) 12</p> <p>11:00 CHAIR ZUMBA VIDEO (Channel 901)</p> <p>11:00 Rummy Q with Ellyn (Tent)</p> <p>1:00 Banking & Shopping Trip (Lobby)</p> <p>1:00 The Garden Club of Coral Springs (Tent)</p> <p>7:30 Are the Lost Cities of Sodom & Gomorrah under the Dead Sea? (Channel 901)</p>	<p>10:30 Catholic Services (Assisted Living Fountain Rm) 13</p> <p>11:00 Publix & Walmart Coral Ridge (Lobby)</p> <p>11:00 Silver Sneakers video (Channel 901)</p> <p>12:00 New Resident Luncheon (Ballroom)</p> <p>1:00 Trivia with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p>	<p>10:00 Live Yoga & Guided Relaxation with Paula! (Tent) 14</p> <p>11:00 Boca Town Center Mall</p> <p>2:00 Elton John in Concert in Rio (Channel 901)</p> <p>7:00 Sabbath Service (Tent)</p> <p>7:30 Concert: The Platters and Friends (Channel 901)</p>	<p>11:00 Aston Resident Chorus Rehearsal (Tent) 15</p> <p>1:00 Pokerkeeno Club (Tent)</p> <p>2:00 Thank the Troops (Tent)</p> <p>3:00 Dominoes with Ellyn (Tent)</p> <p>7:30 Showtime with singer Stone Silk (Tent)</p>
<p>10:00 Depart for Catholic Services (Lobby) 16</p> <p>10:30 Chair Exercise with Karen (Tent)</p> <p>2:00 Current Events with Art Brownstein (Tent)</p> <p>7:00 Travel Documentary: Australia (Channel 901)</p>	<p><i>Martin Luther King Jr. Day</i> 17</p> <p>10:00 Exercise with Karen (Tent)</p> <p>10:00 Shopping Trip - Banks Closed Today</p> <p>11:00 Calvary Chapel Bible Study (Tent)</p> <p>11:00 Men's Club Lunch Outing (Lobby)</p> <p>1:00 Pokerkeeno with Ellyn (Tent)</p> <p>1:00 Publix & Walmart Coral Ridge</p> <p>2:00 Town Hall Meeting (Tent)</p> <p>3:00 Knitting and more with Ellyn (Tent)</p> <p>7:10 Team Trivia with STEVE (Tent)</p>	<p>11:00 Art Class on your own (Assisted Living Fountain Room) 18</p> <p>11:00 Chair Exercise with Karen (Tent)</p> <p>11:00 Publix & Walmart Coral Ridge</p> <p>1:00 Word Mining with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:00 Poker (Tent)</p> <p>7:30 Jerry Lewis Exclusive (Channel 901)</p>	<p>10:00 Chair Zumba with Julie (Tent) 19</p> <p>10:00 Trader Joe's at The Walk (Lobby)</p> <p>11:00 CHAIR ZUMBA VIDEO (Channel 901)</p> <p>11:00 Rummy Q with Ellyn (Tent)</p> <p>1:00 Banking & Shopping Trip (Lobby)</p> <p>1:00 Book Club (Tent)</p> <p>2:00 Fall Prevention Lecture with Alternative Health (Tent)</p> <p>7:30 A closer look at the Royal Families Treasures (Channel 901)</p>	<p>10:30 Catholic Services (Assisted Living Fountain Rm) 20</p> <p>11:00 Publix & Walmart Coral Ridge (Lobby)</p> <p>11:00 Silver Sneakers video (Channel 901)</p> <p>12:00 January Birthday Luncheon (Ballroom)</p> <p>1:00 Trivia with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:30 The World of Louis Armstrong (Channel 901)</p>	<p>10:00 Live Yoga & Guided Relaxation with Paula! (Tent) 21</p> <p>11:00 Costco and Walmart at Coral Ridge</p> <p>2:00 Sing A Long with Gene Fabian (Tent)</p> <p>7:00 Sabbath Service (Tent)</p> <p>7:30 The Best of Dean Martin video (Channel 901)</p>	<p>11:00 Aston Resident Chorus Rehearsal (Tent) 22</p> <p>1:00 Pokerkeeno Club (Tent)</p> <p>2:00 Red Derby Ladies Club (Tent)</p> <p>3:00 Dominoes with Ellyn (Tent)</p> <p>7:30 Showtime with singer Danielle Santini (Tent)</p>
<p>10:00 Depart for Catholic Services (Lobby) 23</p> <p>10:30 Chair Exercise with Karen (Tent)</p> <p>2:00 Current Events with Art Brownstein (Tent)</p> <p>2:00 Showtime with singer Dawn Carr (Tent)</p> <p>7:00 Richard M Nixon Documentary (Channel 901)</p>	<p>10:00 Banking & Shopping Trip 24</p> <p>10:00 Exercise with Karen (Tent)</p> <p>10:45 Red Derby Ladies Club Outing (Lobby)</p> <p>11:00 Understanding the Bible with Rodger Gobel (Tent)</p> <p>1:00 Publix & Walmart Coral Ridge</p> <p>2:00 Arts and Crafts (Tent)</p> <p>3:00 Knitting and more with Ellyn (Tent)</p> <p>7:10 Bingo with Karen (Tent)</p>	<p>11:00 Art Class on your own (Assisted Living Fountain Room) 25</p> <p>11:00 Chair Exercise with Karen (Tent)</p> <p>11:00 Publix & Walmart Coral Ridge</p> <p>1:00 Word Mining with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:00 Poker (Tent)</p> <p>7:30 Biography: Cary Grant (Channel 901)</p>	<p>10:00 Chair Zumba with Julie (Tent) 26</p> <p>11:00 CHAIR ZUMBA VIDEO (Channel 901)</p> <p>11:00 Rummy Q with Ellyn (Tent)</p> <p>1:00 Banking & Shopping Trip (Lobby)</p> <p>1:00 Diet with Karen (Tent)</p> <p>2:00 Senior Scams & Elder Abuse Lecture (Tent)</p> <p>7:30 When Queen Elizabeth met Prince Phillip (Channel 901)</p>	<p>10:00 Aston Gardens YARD SALE (Tent and Pool area 10am to 12 noon) 27</p> <p>10:30 Catholic Services (Assisted Living Fountain Rm)</p> <p>11:00 Publix & Walmart Coral Ridge (Lobby)</p> <p>11:00 Silver Sneakers video (Channel 901)</p> <p>1:00 Trivia with Karen (Tent)</p> <p>2:00 Bingo (Tent)</p> <p>7:30 Wolfgang Amadeus Mozart Documentary (Channel 901)</p>	<p>10:00 Live Yoga & Guided Relaxation with Paula! (Tent) 28</p> <p>11:00 Festival Flea Market</p> <p>2:00 Road to Rio with Bob Hope & Bing Crosby (Channel 901)</p> <p>7:00 Sabbath Service (Tent)</p> <p>9:30 Elvis Concert: Aloha from Hawaii (Channel 901)</p>	<p>11:00 Aston Resident Chorus Rehearsal (Tent) 29</p> <p>1:00 Pokerkeeno Club (Tent)</p> <p>2:00 Red Derby Ladies Club with Guest Speaker (Tent)</p> <p>3:00 Dominoes with Ellyn (Tent)</p> <p>7:30 Showtime with the fabulous JONNY LOEW (Tent)</p>

January 2022

SUN MON TUE WED THUR FRI SAT



New Year's Day
 9:30 Yoga For Seniors (Channel 97)
 10:00 Noodle-A-Size Exercise w/ Liz
 10:30 Jingo Fun
 1:30 Stars of Yesteryear
 2:15 Daily Chronicle
 2:30 Ice Cream Social (L)
 3:00 Ring Toss w/ Liz
 6:00 Shake it w/ Idanette

9:30 Yoga For Seniors (Channel 97)
 10:00 Prayer w/ Tony
 10:15 Finish My Phrase w/ Kathleen
 1:15 Tell us Something that Makes YOU Happy
1:30 Sing-A-Long w/ Julie
 2:45 Snack Social
3:00 Showtime w/ James Perkowski
 7:00 Travel Video: Costa Rica (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Noodle-A-Size
 10:30 Aqua Painting w/ Liz
1:30 Music w/ Joel
 2:45 Snack Social (L)
 3:00 Name 5 w/ Liz

9:30 Daily Chronicle
 9:30 Yoga For Seniors (Channel 97)
10:30 Music Therapy w/ VITAS
1:30 Music Bingo
 2:30 Frosting Cupcakes w/ Julie
 3:00 Walking Club w/ Julie
7:30 Biography: Grace Kelly- The American Princess (Channel 901)

9:30 Hand Massages
 9:45 Gardening
 10:00 Prayer w/ Tony
 10:15 Noodle-A-Size Exercise w/ Liz
 11:00 Jessie and Shelby Visit- Pet Therapy
 1:30 It's All About Me
 2:30 Snack-tivity
 3:00 Bingo Fun!
 7:30 How the Great Lakes were formed video (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Daily Chronicle
 10:00 Ball Exercise
10:30 Catholic Service (FR)
10:30 Music Therapy w/ VITAS
1:30 Scenic Bus Ride
 2:30 Ice Cream Social (L)
 3:30 I hear Music w/ Liz
 7:30 Linda Ronstadt - The Sound of My Voice (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Walking Club w/ Liz
 10:00 Gardening
 10:15 Parkland Song Birds
 1:30 Puzzle Time w/ Liz
 2:45 Snack Social
 3:00 Toss and Talk About it
3:30 Shabbat Services (FR)
 7:30 Video Concert: Rod Stewart (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 10:00 Noodle-A-Size Exercise w/ Liz
 10:30 Jingo Fun
 1:30 Stars of Yesteryear
 2:15 Daily Chronicle
 2:30 Ice Cream Social (L)
 3:00 Ring Toss w/ Liz
 6:00 Shake it w/ Idanette

9:30 Yoga For Seniors (Channel 97)
 10:00 Prayer w/ Tony
 10:15 Finish My Phrase w/ Kathleen
 1:15 Tell us Something that Makes YOU Happy
1:30 Sing-A-Long w/ Julie
 2:45 Snack Social
 3:00 Did you know? w/ Julie
 7:00 Rick Steves' Travel: Cruising the Mediterranean (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Noodle-A-Size
 10:30 Word Games w/ Liz
1:30 Music w/ Joel
 2:45 Snack Social (L)
 3:00 Name 5 w/ Liz

9:30 Daily Chronicle
 9:30 Yoga For Seniors (Channel 97)
10:30 DRUMMING w/ VITAS
10:30 Music Therapy w/ VITAS
1:30 Music Bingo
 2:30 Frosting Cupcakes w/ Julie
 3:00 Walking Club w/ Julie
 7:30 Documentary: George Gershwin (Channel 901)

9:30 Hand Massages
 9:45 Gardening
 10:00 Prayer w/ Tony
 10:15 Noodle-A-Size Exercise w/ Liz
 11:00 Jessie and Shelby Visit- Pet Therapy
 1:30 It's All About Me
 2:30 Snack-tivity
 3:00 Bingo Fun!
 7:30 Are the Lost Cities of Sodom & Gomorrah under the Dead Sea? (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Daily Chronicle
 10:00 Ball Exercise
10:30 Catholic Service (FR)
10:30 Music Therapy w/ VITAS
1:30 Scenic Bus Ride
 2:30 Ice Cream Social (L)
 3:30 I hear Music w/ Liz
 7:30 Liza Minelli in LONDON (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Walking Club w/ Liz
 10:00 Gardening
 10:15 Parkland Song Birds
 1:30 Puzzle Time w/ Liz
 2:45 Snack Social
 3:00 Brain Games w/ Liz
3:30 Shabbat Services (FR)
7:30 Concert: The Platters and Friends (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 10:00 Noodle-A-Size Exercise w/ Liz
 10:30 Jingo Fun
 1:30 Stars of Yesteryear
 2:15 Daily Chronicle
 2:30 Ice Cream Social (L)
 3:00 Ring Toss w/ Liz
 6:00 Shake it w/ Idanette

9:30 Yoga For Seniors (Channel 97)
 10:00 Prayer w/ Tony
 10:15 Finish My Phrase w/ Kathleen
 1:15 Tell us Something that Makes YOU Happy
1:30 Sing-A-Long w/ Julie
 2:45 Snack Social
 3:00 Coloring w/ Julie
 7:00 Travel Documentary: Australia (Channel 901)

Martin Luther King Jr. Day
 9:30 Yoga For Seniors (Channel 97)
 9:45 Noodle-A-Size
 10:30 Aqua Painting w/ Liz
1:30 Music w/ Joel
 2:45 Snack Social (L)
 3:00 Name 5 w/ Liz

9:30 Daily Chronicle
 9:30 Yoga For Seniors (Channel 97)
10:30 Music Therapy w/ VITAS
1:30 Music Bingo
 2:30 Frosting Cupcakes w/ Julie
 3:00 Walking Club w/ Julie
 7:30 Jerry Lewis Exclusive (Channel 901)

9:30 Hand Massages
 9:45 Gardening
 10:00 Prayer w/ Tony
 10:15 Noodle-A-Size Exercise w/ Liz
 11:00 Jessie and Shelby Visit- Pet Therapy
 1:30 It's All About Me
 2:30 Snack-tivity
 3:00 Bingo Fun!
 7:30 A closer look at the Royal Families Treasures (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Daily Chronicle
 10:00 Ball Exercise
10:30 Catholic Service (FR)
10:30 Music Therapy w/ VITAS
1:30 Scenic Bus Ride
 2:30 Ice Cream Social (L)
 3:30 I hear Music w/ Liz
 7:30 The World of Louis Armstrong (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Walking Club w/ Liz
 10:00 Gardening
 10:15 Parkland Song Birds
 1:30 Puzzle Time w/ Liz
 2:45 Snack Social
 3:00 Toss and Talk About it
3:30 Shabbat Services (FR)
 7:30 The Best of Dean Martin video (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 10:00 Noodle-A-Size Exercise w/ Liz
 10:30 Jingo Fun
 1:30 Stars of Yesteryear
 2:15 Daily Chronicle
 2:30 Ice Cream Social (L)
 3:00 Ring Toss w/ Liz
 6:00 Shake it w/ Idanette

9:30 Yoga For Seniors (Channel 97)
 10:00 Prayer w/ Tony
 10:15 Finish My Phrase w/ Kathleen
 1:15 Tell us Something that Makes YOU Happy
1:30 Sing-A-Long w/ Ellyn
 2:45 Snack Social
 3:00 Brainteasers w/ Ellyn
 7:00 Richard M Nixon Documentary (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Noodle-A-Size
 10:30 Word Games w/ Liz
1:30 Music w/ Joel
 2:45 Snack Social (L)
 3:00 Name 5 w/ Liz

9:30 Daily Chronicle
 9:30 Yoga For Seniors (Channel 97)
10:30 Music Therapy w/ VITAS
1:30 Music Bingo
 2:30 Frosting Cupcakes w/ Julie
 3:00 Walking Club w/ Julie
 7:30 Biography: Cary Grant (Channel 901)

9:30 Hand Massages
 9:45 Gardening
 10:00 Prayer w/ Tony
 10:15 Noodle-A-Size Exercise w/ Liz
 11:00 Jessie and Shelby Visit- Pet Therapy
 1:30 It's All About Me
 2:30 Snack-tivity
 3:00 Bingo Fun!
 7:30 When Queen Elizabeth met Prince Phillip (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Daily Chronicle
 10:00 Ball Exercise
10:30 Catholic Service (FR)
10:30 DRUMMING w/ VITAS
10:30 Music Therapy w/ VITAS
1:30 Scenic Bus Ride
 2:30 Ice Cream Social (L)
 3:30 I hear Music w/ Liz
 7:30 Wolfgang Amadeus Mozart Documentary (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Walking Club w/ Liz
 10:00 Gardening
 10:15 Parkland Song Birds
 1:30 Puzzle Time w/ Liz
 2:45 Snack Social
 3:00 Brain Games w/ Liz
3:30 Shabbat Services (FR)
7:30 Elvis Concert: Aloha from Hawaii (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 10:00 Noodle-A-Size Exercise w/ Liz
 10:30 Jingo Fun
 1:30 Stars of Yesteryear
 2:15 Daily Chronicle
 2:30 Ice Cream Social (L)
 3:00 Ring Toss w/ Liz
 6:00 Shake it w/ Idanette

9:30 Yoga For Seniors (Channel 97)
 10:00 Prayer w/ Tony
 10:15 Finish My Phrase w/ Kathleen
 1:15 Tell us Something that Makes YOU Happy
1:30 Sing-A-Long w/ Julie
 2:45 Snack Social
 3:00 Coloring w/ Julie
 7:00 Inside the Grand Canyon Documentary (Channel 901)

9:30 Yoga For Seniors (Channel 97)
 9:45 Noodle-A-Size
 10:30 Aqua Painting w/ Liz
1:30 Music w/ Joel
 2:45 Snack Social (L)
 3:00 Name 5 w/ Liz

10:00 AM and 2:00 PM
 Everyday
 Hydration Station and Snacks



All Programs are Subject to Change

January 2022