

# The Courtyards October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 <b>Worship Transportation</b> 1:30 Nondenominational Worship Service in the REC 4:00 Sunday Bingo (REC) 6:00 Sunday evening Church Services (REC) - Find the "Hidden Mickey" starting Monday morning!	<b>2</b> 9:00 New Exercise Class (REC) 10:30 <b>Walmart Shopping Trip</b> 11:00 Bible Study (REC) 11:30 Exercise Equip. Training (B) 3:30 Happy Hour with Mike (L) 6:00 Mexican Train Dominos (REC) 6:00 Mixed Poker in the REC	<b>3</b> 9:00 Exercise Class (REC) 9:00 Blood Pressure Clinic (L) 10:00 Water Fitness (Pool) 10:00 Alterations by Denise (L) 10:15 <b>Kohls Department Store</b> 1:30 Cornhole Challenge (REC) 5:00 Dominos early game (REC) 6:00 Hand & Foot (REC) 6:30 Mexican Train (REC)	<b>4</b> 8:00 Podiatrist Visit (B) 9:30 Exercise Class (REC) 10:30 Exercise w/ Diane (REC) 12:30 Mahjong Games (REC) 1:00 Euchre Card Game (REC) 3:00 Happy Hour (L) 6:00 Mexican Train (REC) 6:00 Pinochle (REC)	<b>5</b> 8:45 <b>Coffee Concert in St. Pete</b> 9:00 Exercise w/ Donna (REC) 9:30 <b>Super Market Trip</b> 10:00 Water Fitness (Pool) 11:30 Courtyards' Coffee Chats (B) 11:30 <b>Scenic Mystery Ride</b> 4:00 Billiards (Bldg. 233/235 2nd Fl) 5:00 Table Games in the REC	<b>6</b> 9:30 Exercise Class (REC) 10:30 Exercise with Diane (REC) 1:30 Pumpkin Decorating (REC) 3:30 Happy Hour Music (L) 4:00 Facetime with family (B) 6:00 Bunco Parlor Game (REC)	<b>7</b> 9:30 Exercise Video (REC) 10:00 Jewelry Sale (B) 11:45 Line Dancing (REC) 6:00 Saturday night movie showing in the REC (Note: Movie info is in Mail Room)
<b>8</b> 9:30 <b>Worship Transportation</b> 1:30 Nondenominational Worship Service in the REC 4:00 Sunday Bingo (REC) 6:00 Sunday evening Church Services (REC) - Find the "Hidden Mickey" starting Monday morning!	<b>9</b> 9:00 New Exercise Class (REC) 10:30 <b>Walmart Shopping Trip</b> 11:00 Bible Study (REC) 1:30 Building 265 Social (L) 3:30 Happy Hour with Mike (L) 6:00 Mex. Train Dominos (REC) 6:00 Mixed Poker in the REC	<b>10</b> 9:00 Exercise Class (REC) 9:00 Blood Pressure Clinic (L) 10:00 Communion Service (REC) 10:15 <b>Bealls Shopping Trip</b> 3:00 <b>Dinner at Longhorn</b> 1:30 Cornhole Challenge (REC) 5:00 Dominos early game (REC) 6:00 Hand & Foot (REC) 6:30 Mexican Train (REC)	<b>11</b> 9:30 Exercise Class (REC) 10:30 Exercise w/Diane (REC) 11:30 Birthday Luncheon (DR) 12:30 Mahjong Games (REC) 1:00 Euchre Card Game (REC) 3:00 Happy Hour (L) 6:00 Mexican Train (REC) 6:00 Pinochle (REC)	<b>12</b> 9:00 Exercise w/ Donna (REC) 9:30 <b>Super Market Trip</b> 10:00 Water Fitness (Pool) 10:00 Jewelry Sale (L) 11:30 Courtyards' Coffee Chats (B) 2:00 Paint & Create in the REC 4:00 Billiards (Bldg. 233/235 2nd Fl) 5:00 Table Games in the REC	<b>13</b> 9:30 Exercise Class (REC) 10:30 Exercise with Diane (REC) 11:00 <b>Lunch at Plaza Mexico Res.</b> 2:00 Sitting Tai Chi Class REC 3:30 Happy Hour Music (L) 4:00 Facetime with family (B) 6:00 Bunco Parlor Game (REC)	<b>14</b> 8:15 <b>Alzheimer's Walk UMC</b> 9:30 Exercise w/ Maria (REC) 2:00 Mandala & Wine (REC) 6:00 Saturday night movie showing in the REC (Note: Movie info is in Mail Room)
<b>15</b> 9:30 <b>Worship Transportation</b> 1:30 Nondenominational Worship Service in the REC 4:00 Sunday Bingo (REC) 6:00 Sunday evening Church Services (REC) - Find the "Hidden Mickey" starting Monday morning!	<b>16</b> 9:00 New Exercise Class (REC) 10:30 <b>Walmart Shopping Trip</b> 11:00 Bible Study (REC) 3:00 <b>Golden Corral Buffet</b> 2:00 Sitting Tai Chi (REC) 6:00 Mex. Train Dominos (REC) 6:00 Mixed Poker in the REC	<b>17</b> 9:00 Exercise Class (REC) 9:00 Blood Pressure Clinic (L) 10:00 Alterations by Denise (L) 11:00 Resident Meeting w/Jeff (REC) 1:30 Cornhole Challenge (REC) 5:00 Dominos early game (REC) 6:00 Hand & Foot (REC) 6:30 Mexican Train (REC)	<b>18</b> 9:30 Exercise Class (REC) 10:30 Exercise with Diane (REC) 12:30 Mahjong Games (REC) 1:00 Euchre Card Game (REC) 3:00 Happy Hour (L) 6:00 Mexican Train (REC) 6:00 Pinochle (REC)	<b>19</b> 9:00 Exercise w/ Donna (REC) 9:30 <b>Super Market Trip</b> 10:00 Water Fitness (Pool) 11:30 Courtyards' Coffee Chats (B) 11:30 <b>Scenic Mystery Ride</b> 2:00 Sing-along Music Social (REC) 4:00 Billiards (Bldg. 233/235 2nd Fl) 5:00 Table Games in the REC	<b>20</b> 9:30 Exercise Class (REC) 10:00 Mary Kay Sale (B) 10:00 <b>Tampa Armature Works</b> 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 3:30 Happy Hour Music (L) 4:00 Facetime with family (B) 6:00 Bunco Parlor Game (REC)	<b>21</b> 9:30 Exercise w/ Maria (REC) 2:00 Ladies Tea (REC) Sign-up in the Mail Room for planning purposes (REC) 6:00 Saturday night movie showing in the REC (Note: Movie info is in Mail Room)
<b>22</b> 9:30 <b>Worship Transportation</b> 1:30 Nondenominational Worship Service in the REC 4:00 Sunday Bingo (REC) 6:00 Sunday evening Church Services (REC) - Find the "Hidden Mickey" starting Monday morning!	<b>23</b> 9:00 New Exercise Class (REC) 10:30 <b>Walmart Shopping Trip</b> 11:00 Bible Study (REC) 1:00 Tech Talk w/ Peter (REC) 2:00 Sitting Tai Chi Class (REC) 6:00 Mex. Train Dominos (REC) 6:00 Mixed Poker in the REC	<b>24</b> 9:00 Exercise Class (REC) 9:00 Blood Pressure Clinic (L) 10:00 Communion Service (REC) 10:15 <b>Sarasota Mall Trip</b> 11:00 Resident Orientation (REC) 1:30 Cornhole Challenge (REC) 5:00 Dominos early game (REC) 6:00 Hand & Foot (REC) 6:30 Mexican Train (REC)	<b>25</b> 9:30 Exercise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 <b>Tampa Hard Rock Casino</b> 12:30 Mahjong Games (REC) 1:00 Euchre & Card Games (REC) 6:00 Mexican Train (REC) 6:00 Pinochle (REC)	<b>26</b> 9:00 Exercise w/ Donna (REC) 9:30 <b>Super Market Trip</b> 10:00 Water Fitness (Pool) 11:30 Courtyards' Coffee Chats (B) 1:00 Discovery Health Chat (REC) 3:30 <b>Dinner at Stonewood &amp; Grill</b> 4:00 Billiards (Bldg. 233/235 2nd Fl) 5:00 Table Games in the REC	<b>27</b> 9:30 Exercise Class (REC) 10:30 Exercise w/ Diane (REC) 11:00 Halloween Pet Parade (P) 2:00 Sitting Tai Chi (REC) 3:30 Happy Hour music (L) 4:00 Facetime with family (B) 6:00 Bunco Parlor Game (REC)	<b>28</b> 9:30 Exercise w/ Maria (REC) 10:15 <b>Red Barn Flea Market</b> 10:30 Line Dancing (REC) 6:00 Saturday night movie showing in the REC (Note: Movie info is in Mail Room)
<b>29</b> 9:30 <b>Worship Transportation</b> 1:30 Nondenominational Worship Service in the REC 2:00 <b>South Shore Symphony</b> 4:00 Sunday Bingo (REC) 6:00 Church Services (REC) - Find the "Hidden Mickey" starting Monday morning!	<b>30</b> 9:00 New Exercise Class (REC) 10:30 <b>Walmart Shopping Trip</b> 11:00 Bible Study (REC) 2:00 Sitting Tai Chi (REC) 6:00 Mex. Train Dominos (REC) 6:00 Mixed Poker in the REC	<b>31</b> 9:00 Exercise Class (REC) 9:00 Blood Pressure Clinic (L) 1:30 Cornhole Challenge (REC) 3:30 Children Trick or Treat (L) 5:00 Dominos early game (REC) 6:00 Hand & Foot (REC) 6:30 Mexican Train (REC) 7:00 Halloween Party (DR)	<b>Key of Abbreviations</b> MR = Mail Room B = Bistro DR = Dining Room L = Lounge PDR =Private Dining Room REC = Recreation & Events Center (Activity Room)	<b>Blood Pressure Clinic</b>  Have your blood pressure taken, plus ask a nurse anything on Tuesdays at 9:00 a.m.	<b>Wear Red on Fridays</b>  <b>Support Our Troops</b>	 <b>Salvation Army Donations</b> A collection barrel is in the REC where you can drop off your unwanted items

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