






SUN	MON	TUE	WED	THUR	FRI	SAT
					<div> <div> 9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 10:30 YaYa Jewelry & Fashion (Card Room) 12:00 Canasta with Lillian (Veranda/Poker table) 1:00 Calvary Chapel Bible Study (Library) 2:00 Presentation on Judy Garland by Judy Lanier (BR) 7:00 Sabbath Service (Library) </div> <div>1</div> </div>	<div> <div> 10:00 Zumba with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 1:30 Saturday Afternoon Movie:- Cast Away (BR) 7:30 A Night with Leiza Michaels (BR) </div> <div>2</div> </div>
<div> <div> 10:00 Depart for Catholic Services (Lobby) 10:30 Meditation with Vidya (BR) 12:00 Trip on the Keyboard (Lobby) 2:00 Current Events with Art Brownstein (BR) 3:30 Technology Assistance with Bee (Card Room) 3:30 Sunday Matinee:- Oppenheimer (BR) </div> <div>3</div> </div>	<div> <div> 10:00 Exercise in the Ballroom (BR) 10:45 Coconut Creek Casino (Meet in Lobby) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Dealing Dime Poker with Lillian (Poker Table - Veranda) 1:00 Word Mining w/ Trish (BR) 2:00 Arts and Crafts w/ Trish 7:15 Trivia with Steve (BR) </div> <div>4</div> </div>	<div> <div> 10:00 Tai Chi and Qigong with Marc (BR) 11:00 Golfing with Skip (Putting Green) 11:15 Color Therapy (BR) 2:00 BINGO (BR) 7:15 Evening Movie:- Breakfast at Tiffany's (BR) </div> <div>5</div> </div>	<div> <div> 10:00 Chair Zumba with Julie (BR) 10:00 Coffee with Rick (Card Room) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Book Club - "Someone Else's Shoes" (The Tavern) 1:00 Pokerkeeno w/ Trish (BR) 7:15 High Stakes Bingo (BR) </div> <div>6</div> </div>	<div> <div> 10:00 Chair Toning with Julie (BR) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Women's Club (BR) 11:00 Poker (Veranda/Florida room) 11:30 Outreach Committee (BR) 2:00 BINGO (BR) 7:15 Evening Movie: It Could Happen To You (BR) </div> <div>7</div> </div>	<div> <div> 9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 10:00 Share Stories and Coffee w/ Paul (The Tavern) 11:00 Royalty & Elegance Boutique (Card Room) 12:00 Canasta with Lillian (Veranda/Poker table) 1:00 Calvary Chapel Bible Study (Library) 2:00 Tour with Yasmin (BR) 7:00 Sabbath Service (Library) </div> <div>8</div> </div>	<div> <div> 10:00 Stretch & Balance with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 2:00 Coral Glades High School - St. Patrick's Day Activities (BR) 7:30 Showtime with Dan Cosifore (BR) </div> <div>9</div> </div>
<div> <div> Daylight Savings Time Begins 10:00 Depart for Catholic Services (Lobby) 10:30 Chair Exercise (BR) 11:00 Blingaz, Jewelry and Things (Veranda) 12:00 Trip on the Keyboard (Lobby) 1:15 New Florida Follies Show (BUS LEAVES LOBBY AT 1:15PM) 2:00 Rabbi Stone Presents - The Making of "Singing In The Rain" (BR) 3:00 St. Andrew's High School - CLEO CLUB - Computer Literacy (Card Room) 3:30 Sunday Matinee:- Legends of the Fall (BR) </div> <div>10</div> </div>	<div> <div> 10:00 Exercise in the Ballroom (BR) 11:00 Rabbi Eli - Nosh a Hamantasch (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Dealing Dime Poker with Lillian (Poker Table - Veranda) 1:00 Word Mining w/ Trish (BR) 2:00 Monday Drinks Mixology with Albert & Trish (The Tavern) 7:15 Jukebox Bingo with Doug Shannon (BR) </div> <div>11</div> </div>	<div> <div> 10:00 Exercise in the Ballroom (BR) 11:00 Color Therapy (BR) 11:00 Golfing with Skip (Putting Green) 12:00 Birthday Luncheon (Dining Room) 2:00 BINGO (BR) 6:00 Dementia Support Group (Assisted Living Fountain Room) 7:15 Evening Movie:- Joe Somebody (BR) </div> <div>12</div> </div>	<div> <div> 10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 11:00 Sensational Social Session with Corlette (BR) 12:30 Board & Card Games (Card Room) 2:00 Sound Therapy with Jean (BR) 7:15 High Stakes Bingo (BR) </div> <div>13</div> </div>	<div> <div> 10:00 Aquacise Zumba with Julie (Pool) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Poker (Veranda/Florida room) 2:00 ST. PATRICK'S JACKPOT BINGO (BR) 7:15 Evening Movie:- Dancing at Lughnasa (BR) </div> <div>14</div> </div>	<div> <div> 9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 11:00 Terry's Watch Repair (Card Room) 12:00 Canasta with Lillian (Veranda/Poker table) 1:00 Calvary Chapel Bible Study (Library) 2:00 Resident Bill Spinder Presents (BR) 7:00 Sabbath Service (Library) </div> <div>15</div> </div>	<div> <div> 10:00 Zumba with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 2:00 Easter Egg Hunt (Putting Green) 7:30 Showtime with The Senior Moments Band (BR) </div> <div>16</div> </div>
<div> <div> St. Patrick's Day 10:00 Depart for Catholic Services (Lobby) 10:30 Meditation with Vidya (BR) 12:00 Trip on the Keyboard (Lobby) 2:00 Showtime: Drake School of Irish Dance (BR) 3:30 Sunday Matinee:- Evelyn (BR) 3:30 Technology Assistance with Bee (Card Room) </div> <div>17</div> </div>	<div> <div> 10:00 Exercise in the Ballroom (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Dealing Dime Poker with Lillian (Poker Table - Veranda) 1:00 Word Mining w/ Trish (BR) 2:00 Town Hall Meeting (BR) 7:30 Harry Getzov Live! (BR) </div> <div>18</div> </div>	<div> <div> First Day of Spring 10:00 Tai Chi and Qigong with Marc (BR) 11:00 Golfing with Skip (Putting Green) 11:15 Color Therapy (BR) 12:00 New Resident Luncheon (Dining Room) 2:00 BINGO (BR) 7:15 Evening Movie:- Field of Dreams (BR) </div> <div>19</div> </div>	<div> <div> 10:00 Chair Zumba with Julie (BR) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Etairos Health Wellness Center Workshop (BR) 2:00 FOOD FORUM (BR) 3:00 Activities Suggestions & Ideas (BR) 7:15 High Stakes Bingo (BR) </div> <div>20</div> </div>	<div> <div> 10:00 Chair Toning with Julie (BR) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Outreach Committee (BR) 11:00 Poker (Veranda/Florida room) 2:00 St. Patrick's Day Show (BR) 7:15 Trivia with Steve (BR) </div> <div>21</div> </div>	<div> <div> 9:00 Gardening Club (Ballroom Patio) 10:00 Live Yoga & Guided Relaxation with Paula! (BR) 12:00 Canasta with Lillian (Veranda/Poker table) 1:00 Calvary Chapel Bible Study (Library) 1:00 Afternoon Movie:- About Schmidt (BR) 7:00 Sabbath Service (Library) </div> <div>22</div> </div>	<div> <div> 10:00 Stretch & Balance with Julie (BR) 11:00 Aston Gardens Chorus Rehearsal (BR) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) 12:30 Painting, Coloring, Crafting - On Your Own (BR) 1:30 Saturday Movie:- Chocolat (BR) 7:30 SHOWTIME: (BR) </div> <div>23</div> </div>
<div> <div> Palm Sunday 10:00 Depart for Catholic Services (Lobby) 10:30 Chair Exercise (BR) 11:00 Blingaz, Jewelry and Things (Veranda) 12:00 Trip on the Keyboard (Lobby) 2:00 SPEAKER:- Michael Brodie (BR) 3:00 Purim Celebration with Rabbi Eli (BR) 3:30 Technology Assistance with Bee (Card Room) 3:45 Dining Out (Clubhouse) </div> <div>24</div> </div>	<div> <div> 10:00 Exercise in the Ballroom (BR) 11:00 Poker (Veranda/Florida room) 11:30 Hand & Foot Canasta (Card Room) 1:00 Dealing Dime Poker with Lillian (Poker Table - Veranda) 1:00 Word Mining w/ Trish (BR) 2:00 Arts and Crafts w/ Trish 7:15 Saturday Afternoon Movie:- Kate & Leopold (BR) </div> <div>25</div> </div>	<div> <div> 6:00 Set-Up for Art Exhibition (BR) 10:10 Sittercise Video/Channel 901 10:30 Sittercise (Channel 901) 11:00 Color Therapy (The Tavern) 11:00 Golfing with Skip (Putting Green) 7:30 Evening Movie:- Oklahoma (Channel 901) </div> <div>26</div> </div>	<div> <div> 6:00 Set-Up for Art Exhibition (BR) 10:00 Chair Zumba with Julie (Poolside) 11:00 Pet Therapy (Veranda) 12:30 Board & Card Games (Card Room) 1:00 Pokerkeeno w/ Trish (The Tavern) </div> <div>27</div> </div>	<div> <div> Grand Opening of Art Exhibition 10:00 Aquacise Zumba with Julie (Pool) 10:30 Catholic Services (Assisted Living Fountain Rm) 11:00 Golfing with Skip (Putting Green) 11:00 Poker (Veranda/Florida room) 2:00 Grand Opening of the Residents Art Exhibition (BR) 7:30 Evening Movie:- Les Miserables 1998 (Channel 901) </div> <div>28</div> </div>	<div> <div> Good Friday 9:00 Gardening Club (Ballroom Patio) 9:00 Residents Art Exhibition (BR) 10:00 Live Yoga & Guided Relaxation with Paula! (Card Room) 12:00 Canasta with Lillian (Veranda/Poker table) 1:00 Calvary Chapel Bible Study (Library) 7:00 Sabbath Service (Library) </div> <div>29</div> </div>	<div> <div> 9:00 Residents Art Exhibition (BR) 10:00 Zumba with Julie (Poolside) 11:00 Poker (Veranda/Poker table) 11:00 Spanish with Azul (The Tavern) </div> <div>30</div> </div>
<div> <div> Easter 9:00 Residents Art Exhibition (BR) 10:00 Depart for Catholic Services (Lobby) 10:10 Sittercise Video/Channel 901 10:30 Meditation with Vidya (Card Room) 10:30 Sittercise (Channel 901) 12:00 Trip on the Keyboard (Lobby) 3:30 Technology Assistance with Bee (Card Room) </div> <div>31</div> </div>	<div> <div> Blood Pressure Clinic 10:00 AM Every Monday Wellness Center </div> </div>	<div> <div>  </div> </div>	<div> <div> BR Ballroom CR Card Room DR Dining Room L Lounge P Pool V Veranda </div> </div>	<div> <div>  </div> </div>	<div> <div> Wellness Center 954 796 6108 Front Desk 954 340 1908 </div> </div>	<div> <div>  </div> </div>

March 2024

Independent Living
All Programs are Subject to Change



SUN	MON	TUE	WED	THUR	FRI	SAT
	<p>All Programs are Subject to Change</p>				<div> <div> 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:15 Tell Us Something Good (L) 10:30 Word Games w/ Ally (L) 1:00 Music with Joel (DR) 2:15 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 Shabbat Services (FR) 6:30 Friday Concert: Bette Midler (Channel 97) </div> <div>1</div> </div>	<div> <div> Happy Birthday Dr. Seuss 9:30 Yoga for Seniors 10:00 Dr. Seuss Biography (Channel 97/Lobby) 10:00 George Visits- Pet Therapy 10:00 Trip Plays the Piano (FR) 10:45 Coffee, Conversation and Connections (L) 1:30 Mind Games w/ Ally (L) 2:30 Ice Cream Social (L) 3:00 Texas Hold'em Poker Game (FR) 6:30 Evening Movie: Suzanne's Diary for Nicholas (FR) </div> <div>2</div> </div>
<div> <div> 9:00 Walking Club 9:30 Yoga for Seniors 10:30 Intergenerational Program: Mitzvah Day Singing w/ Zale (JCC) Preschool (FR Patio) 1:30 Showtime w/ James Perkowski (DR) 2:30 Chip and Sip (L) 2:45 Music Bingo (L) 6:30 Travelogue: 3 Beautiful Islands (Channel 97) </div> <div>3</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 Music Mondays: Sing-A-Long (L) 1:15 Tell Us Something Good (L) 1:30 News and Views (L) 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Tahiti - Voices Of Paradise (Channel 97) </div> <div>4</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Mahjong Game (DK) 10:00 Walking Club (L) 10:30 Trip To Publix 10:45 Coffee and Conversation (L) 1:30 Scenic Bus Ride: Sign up at front desk! 1:30 - 3:30 Texas Hold'em Poker Game w/ Ally (FR) 2:30 Snacks and Some (L) 6:30 Old Time Favorites: That Girl (Channel 97) </div> <div>5</div> </div>	<div> <div> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 Zumba Dancing Exercise Class w/ Julie (L) 1:30 Jingo Bingo W/ Ally (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:00 Imagery: Lanterns - Relaxing Video - Calming Music (Channel 97) </div> <div>6</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:30 Catholic Service (FR) 11:00 Ball-A-Size- Exercise Class w/ Kath 1:30 Acrylic Painting w/ Barbara and Kath Sign Up at Front Desk- Limited 10 People (FR) 2:00 Men's Club (FR) 2:30 Ice Cream Sundaes on Thursday 3:00 Bridge Game (DK) 3:15 Money Bingo \$5 to Play (FR) 6:30 Biography: Natalie Wood (Channel 97) </div> <div>7</div> </div>	<div> <div> 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:15 Tell Us Something Good (L) 10:30 Word Games w/ Ally (L) 1:00 Music with Joel (DR) 2:15 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 Shabbat Services (FR) 6:30 Friday Concert: Dean Martin (Channel 97) </div> <div>8</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 George Visits- Pet Therapy 10:00 Trip Plays the Piano (FR) 10:45 Coffee, Conversation and Connections (L) 1:30 Celebrating Women's History Month L 2:30 Ice Cream Social (L) 3:00 Texas Hold'em Poker Game (FR) 6:30 Evening Movie: The Phantom of the Opera (FR) </div> <div>9</div> </div>
<div> <div> Daylight Savings Time Begins 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 11:00 Lummi Stick Exercise Music Fun (L) 1:15 Tell Us Something Good (L) 1:30 BrainTeasers w/ Kathleen (L) 2:30 Chip and Sip (L) 2:45 Celebrity Bingo (L) 6:30 Travelogue: Places in Europe (Channel 97) </div> <div>10</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 Music Mondays: Sing-A-Long (L) 1:15 Tell Us Something Good (L) 1:30 Current Events w/ Kath (L) 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Sentimental Clarinet Quartet with Nature Sounds- What a Wonderful World (Channel 97) </div> <div>11</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Mahjong Game (DK) 10:00 Walking Club (L) 10:30 Trip to Dollar Store 10:45 Coffee and Conversation (L) 1:15 Tell Us Something Good (L) 1:30 Pokeno (L) 2:30 Snacks and Some (L) 3:00 Rummikub Club (DK) 6:30 Old Time Favorites: That Girl (Channel 97) </div> <div>12</div> </div>	<div> <div> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 Zumba Dancing Exercise Class w/ Julie (L) 11:45 Lunch Trip- LaBamba 2:00 Jingo Bingo W/ Kath (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:00 Nature Scenery (Channel 97) </div> <div>13</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:30 Catholic Service (FR) 11:00 Book Club (DK) 1:15 Tell Us Something Good (L) 1:30 Blessing Blankets Made w/ Love (FR) 2:30 Ice Cream Sundaes on Thursday 3:00 Bridge Game (DK) 3:15 Money Bingo \$5 to Play (FR) 6:30 Biography: Harry Connick Jr. (Channel 97) </div> <div>14</div> </div>	<div> <div> 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:15 Tell Us Something Good (L) 10:30 Word Games w/ Ally (L) 1:00 Music with Joel (DR) 2:15 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 Shabbat Services (FR) 6:30 Friday Concert: Julie Andrews (Channel 97) </div> <div>15</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 George Visits- Pet Therapy 10:00 Trip Plays the Piano (FR) 10:45 Coffee, Conversation and Connections (L) 1:15 Tell us Something that Makes YOU Happy (L) 1:30 Mind Games w/ Kath (L) 2:30 Ice Cream Social (L) 3:00 Texas Hold'em Poker Game (FR) 6:30 Evening Movie: He's Just Not that into you (FR) </div> <div>16</div> </div>
<div> <div> St. Patrick's Day Wear Green 9:00 Walking Club 9:30 Yoga for Seniors 10:30 Faith Journey w/ Kathleen (L) 11:00 Lummi Stick Exercise Music Fun (L) 1:30 Drake Irish Dance School (L) 2:00 BrainTeasers w/ Kathleen (L) 2:30 Lucky Charms and Green Beer (L) 2:45 St. Patrick's Day Bingo (L) 6:30 The Luck of the Irish (Channel 97) </div> <div>17</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 Music Mondays: Sing-A-Long (L) 1:15 Tell Us Something Good (L) 1:30 News and Views (L) 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:15 Harry Getzov Presents:"GENE KELLY: 'Gotta Dance!'" - Part TWO (L) </div> <div>18</div> </div>	<div> <div> 1st Day of Spring 9:30 Yoga for Seniors 10:00 Mahjong Game (DK) 10:00 Walking Club (L) 10:30 Trip To Publix 10:45 Coffee and Conversation (L) 1:30 Birthday Bingo (L) 2:45 MARCH Birthday Party (L) 6:30 Old Time Favorites:That Girl (Channel 97) </div> <div>19</div> </div>	<div> <div> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 Zumba Dancing Exercise Class w/ Julie (L) 1:30 Jingo Bingo W/ Ally (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:00 Imagery: Beach Relaxing Waves (Channel 97) </div> <div>20</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:30 Catholic Service (FR) 11:00 Ball-A-Size- Exercise Class w/ Kath 1:15 Tell Us Something Good (L) 1:30 Brain Games w/ Kathleen (L) 2:30 Ice Cream Sundaes on Thursday 3:00 Bridge Game (DK) 3:15 Money Bingo \$5 to Play (FR) 6:30 Biography: Shirley Maclaine (Channel 97) </div> <div>21</div> </div>	<div> <div> 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:15 Tell Us Something Good (L) 10:30 Word Games w/ Ally (L) 1:00 Music with Joel (DR) 2:15 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 Shabbat Services (FR) 6:30 Friday Concert: Celine Dion (Channel 97) </div> <div>22</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 George Visits- Pet Therapy 10:00 Trip Plays the Piano (FR) 10:45 Coffee, Conversation and Connections (L) 1:15 Tell us Something that Makes YOU Happy (L) 1:30 Brain Strain w/ Allyson (L) 2:30 Ice Cream Social (L) 3:00 Texas Hold'em Poker Game (FR) 6:30 Evening Movie: The man with Two Brains (FR) </div> <div>23</div> </div>
<div> <div> Palm Sunday 9:00 Walking Club 9:30 Yoga for Seniors 10:30 Purim Celebration (L) 1:30 SHOWTIME w/ ***LYONEL FILS-AIME*** 2:30 Chip and Sip (L) 2:45 Celebrity Bingo (L) 6:30 Travelogue: Provence (Channel 97) </div> <div>24</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 Music Mondays: Sing-A-Long (L) 1:15 Tell Us Something Good (L) 1:30 Current Events w/ Kath (L) 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Polynesian Spa - Dan Gibson's Solitudes (Channel 97) </div> <div>25</div> </div>	<div> <div> Beach Day 9:30 Yoga for Seniors 10:00 Beach Photoshoot (DK) 10:00 Walking Club (L) 10:30 Trip to Target 10:45 Beach Ball Bonaza (L) 1:30 Sand Art Crafts (FR) 2:30 Pina Coladas and Coconut Shrimp Beachside (L) 3:00 Beach Day Bingo (L) 6:30 Best Beaches in the World (Channel 97) </div> <div>26</div> </div>	<div> <div> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 Zumba Dancing Exercise Class w/ Julie (L) 1:30 Jingo Bingo W/ Ally (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:00 The Magic Waterfall Meditation (Channel 97) </div> <div>27</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:30 Catholic Service (FR) 11:00 Ball-A-Size- Exercise Class w/ Kath 1:15 Tell Us Something Good (L) 1:30 Colorful Questions (L) 2:30 Cooking Demo with Chef Adam (L) 3:00 Food Meeting (L) 3:30 Resident Meeting (L) 6:30 Biography: The Love Story of Barbara Stanwyck & Robert Taylor (Channel 97) </div> <div>28</div> </div>	<div> <div> Good Friday 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:15 Tell Us Something Good (L) 10:30 Word Games w/ Ally (L) 1:00 Music with Joel (DR) 2:15 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 Shabbat Services (FR) 6:30 Friday Concert: Andy Williams (Channel 97) </div> <div>29</div> </div>	<div> <div> 9:30 Yoga for Seniors 10:00 George Visits- Pet Therapy 10:00 Trip Plays the Piano (FR) 10:45 Coffee, Conversation and Connections (L) 1:15 Tell us Something that Makes YOU Happy (L) 1:30 Brain Games w/ Ally (L) 2:30 Ice Cream Social (L) 3:00 Texas Hold'em Poker Game (FR) 6:30 Evening Movie: Legally Blonde 2 (FR) </div> <div>30</div> </div>
<div> <div> Easter 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 11:00 Easter Egg Hunt (L) 1:15 Tell Us Something Good (L) 1:30 EasterTeasers w/ Ally (L) 2:30 Chip and Sip (L) 2:45 Easter Bingo (L) 6:30 Travelogue: Singapore (Channel 97) </div> <div>31</div> </div>			<div> <div>L- Lobby DK- Downstairs Kitchen FR- Fountain Room DR- Dining Room</div> </div>			

March 2024

The Inn at Aston Gardens Assisted Living