March 2024

SUN	MON	TUE	WED	THUR	FRI	SAT
			 Begins **Saturday, March 23** at sunset Ends **Sunday, March 24** at nightfall		**1** 9:30 AM Pinochle (FR) 10:00 AM Aston Gardens "Wii" Bowling Team (B) 11:30 AM Chair Pilates (B) 1:00 PM Bunco (AR) ***1:00 PM Room Reserved - Ballroom (B)*** ***1:00 PM "Friday" Duplicate Bridge (AR)*** ***1:30 PM Euchre (FR)*** 2:00 PM Skip-Bo (AR) ***7:00 PM Team Trivia (B)***	**2** 9:00 AM Bocce (CR) 9:30 AM Rosary & Communion (B) 10:00 AM Crochet & Knit (Regency 3rd floor) ***10:00 AM "The Late Comers" Bridge Team (AR)*** 2:00 PM Mex. Train Dominoes (AR) 6:30 PM Rummikub (AR)
3 9:00 AM Venice Presbyterian Church (MCH) 9:15 AM Our Lady of Lourdes (MCH) 12:00 PM Sequence (AR) 2:00 PM Poker (L) 3:00 PM Play 9 (card game) (AR) 5:00 PM Crossword Puzzle Club (AR)	**4** 9:30 AM Workout with Jane (B) ***10:30 AM Inspiring Movie Premiere : 40 Temptations of Christ (B)*** 1:30 PM Pokeno (B) ***4:00 PM Live Music Concert by Barry Graham (L)*** ***6:30 PM "Devine Mercy Cenacle" with Esther Sebesto" (B)*** 6:30 PM Left, Right, Center w/ dimes (AR)	**5** 9:00 AM Bocce (CR) ***9:15 AM UNO (FR)*** 10:00 AM Water Aerobics Class with Jane (P) ***10:30 AM Professor Leto (B)*** ***10:30 AM Community Painting & Mixed Media Artist Class (AR)*** ***1:00 PM Let's Sing (LB)*** 1:00 PM Intermediate Bridge Lessons (AR) ***1:30 PM Pet Therapy with Lucy (LB)*** 2:00 PM Bingo (B) 3:15 PM Hand & Foot (FR) 6:30 PM Bible Study (B)	**6** 9:00 AM Putt 1,2,3 (PG) 9:30 AM Blood Pressure Check (PR) 9:30 AM Workout with Jane (B) ***10:00 AM Bridge (AR)*** ***10:00 AM Bus to Walmart (PUYB)*** 1:00 PM Mahjong (AR) ***1:30 PM BALLROOM - RESERVED - Town Hall Meeting (B)*** ***1:30 PM Room Reserved - Puzzle Room (PR)*** ***3:00 PM Chair Volleyball (B)*** 6:30 PM Bingo (B)	**7** 9:00 AM Bocce (CR) ***9:00 AM Room Reserved - Puzzle Room (PR)*** 9:30 AM Chair Yoga (B) 11:00 AM Phase 10 (AR) 11:30 AM Balance Exercise (B) ***1:30 PM Movie Matinee - Norma Rae (B)*** 3:15 PM Kings in the corner (AR) ***6:00 PM Thursday Evening Movie: (B)***	**8** *International Women's Day* 9:30 AM Pinochle (FR) 10:00 AM Aston Gardens "Wii" Bowling Team (B) 11:30 AM Chair Pilates (B) ***1:00 PM "Friday" Duplicate Bridge (AR)*** ***1:30 PM Euchre (FR)*** 2:00 PM Skip-Bo (AR) 2:30 PM Aston Gardens Chorus Practice (B) ***7:00 PM Team Trivia (B)***	**9** 9:00 AM Bocce (CR) 9:30 AM Rosary & Communion (B) 10:00 AM Crochet & Knit (Regency 3rd floor) ***10:00 AM "The Late Comers" Bridge Team (AR)*** 2:00 PM Mex. Train Dominoes (AR) 6:30 PM Rummikub (AR)
10 *Daylight Savings Time Begins* 9:00 AM Venice Presbyterian Church (MCH) 9:15 AM Our Lady of Lourdes (MCH) 10:00 AM Mercy Fellowship Church (MCH) 12:00 PM Sequence (AR) 2:00 PM Poker (L) 3:00 PM Play 9 (card game) (AR) 5:00 PM Crossword Puzzle Club (AR)	**11** 9:00 AM Hearing Clinic (AR) 9:30 AM Workout with Jane (B) 10:00 AM Creative Writing Club (AR) ***10:00 AM Lunch Outing: Lynches Pub & Grub (MCH)*** ***10:30 AM Monday Morning Movie: Jesus Christ Superstar (B)*** 11:00 AM Spot on Tailoring (PR) 1:30 PM Pokeno (B) ***6:30 PM "Devine Mercy Cenacle" with Esther Sebesto" (B)*** 6:30 PM Left, Right, Center w/ dimes (AR)	**12** 9:00 AM Bocce (CR) ***9:15 AM UNO (FR)*** 10:00 AM Water Aerobics Class with Jane (P) ***10:30 AM Community Painting & Mixed Media Artist Class (AR)*** 11:30 AM Balance Exercise (B) 1:00 PM Intermediate Bridge Lessons (AR) 2:00 PM Bingo (B) 3:15 PM Hand & Foot (FR) 6:30 PM Bible Study (B)	**13** ***9:00 AM Bus to Banks (MCH)*** 9:00 AM Putt 1,2,3 (PG) 9:30 AM Blood Pressure Check (PR) 9:30 AM Workout with Jane (B) ***10:00 AM Bridge (AR)*** ***11:00 AM Bus to Library (MCH)*** 1:00 PM Mahjong (AR) ***3:00 PM Chair Volleyball (B)*** ***3:00 PM Live Piano Concert with Lyn & Friends (LB)*** ***4:00 PM Live "Saxophone" Concert by: Dayan Virelles (LB)*** 6:30 PM Bingo (B)	**14** 9:00 AM Bocce (CR) 9:30 AM Chair Yoga (B) 11:00 AM Chair Yoga (B) 11:00 AM Phase 10 (AR) ***1:30 PM Monthly Birthday/ Anniversary Party (B)*** 3:00 PM Jeopardy with Bob (B) 3:15 PM Kings in the corner (AR) ***6:30 PM Duplicate Bridge (B)***	**15** 9:30 AM Pinochle (FR) 10:00 AM Aston Gardens "Wii" Bowling Team (B) 10:00 AM Book Club (AR) 11:30 AM Chair Pilates (B) 1:00 PM Bunco (AR) ***1:00 PM "Friday" Duplicate Bridge (AR)*** ***1:30 PM Euchre (FR)*** 2:00 PM Skip-Bo (AR) 2:30 PM Aston Gardens Chorus Practice (B) ***6:45 PM Venice Symphony - Bus Outing (MCH)***	**16** 9:00 AM Bocce (CR) 9:30 AM Rosary & Communion (B) 10:00 AM Crochet & Knit (Regency 3rd floor) ***10:00 AM "The Late Comers" Bridge Team (AR)*** 2:00 PM Mex. Train Dominoes (AR) 6:30 PM Rummikub (AR)
17 *St. Patrick's Day* 9:00 AM Venice Presbyterian Church (MCH) 9:15 AM Our Lady of Lourdes (MCH) 12:00 PM Sequence (AR) 2:00 PM Poker (L) ***2:30 PM "St. Patrick's Day" Concert with Jimmy Mazzaferro (B)*** 3:00 PM Play 9 (card game) (AR) 5:00 PM Crossword Puzzle Club (AR)	**18** ***8:00 AM Room Reserved - Activity Room (AR)*** 9:30 AM Workout with Jane (B) ***10:30 AM Inspiring Movie Premiere: The Case for Christ (B)*** 1:30 PM Pokeno (B) ***4:00 PM Live Music Concert by Thomas Messina (L)*** ***6:30 PM "Devine Mercy Cenacle" with Esther Sebesto" (B)*** 6:30 PM Left, Right, Center w/ dimes (AR)	**19** 9:00 AM Bocce (CR) ***9:15 AM UNO (FR)*** 10:00 AM Water Aerobics Class with Jane (P) ***10:30 AM Community Painting & Mixed Media Artist Class (AR)*** 11:30 AM Balance Exercise (B) 1:00 PM Intermediate Bridge Lessons (AR) ***1:30 PM Pet Therapy with Lucy (LB)*** 2:00 PM Bingo (B) 3:15 PM Hand & Foot (FR) 6:30 PM Bible Study (B)	**20** 9:00 AM Putt 1,2,3 (PG) ***9:00 AM Immokalee Casino (MCH)*** ***9:00 AM Immokalee Casino (MCH)*** 9:30 AM Blood Pressure Check (PR) 9:30 AM Workout with Jane (B) ***10:00 AM Bridge (AR)*** ***10:00 AM Shopping @ Aldi's (PUYB)*** 1:00 PM Mahjong (AR) ***3:00 PM Chair Volleyball (B)*** 6:30 PM Bingo (B)	**21** 9:00 AM Bocce (CR) 9:30 AM Chair Yoga (B) 11:00 AM Phase 10 (AR) ***11:00 AM Room Reserved - Lounge (L)*** ***1:30 PM Seminar: 10 Things You Should Know about Planning a Life Celebration (B)*** 3:15 PM Kings in the corner (AR) ***6:00 PM Thursday Evening Movie: (B)***	**22** 9:30 AM Pinochle (FR) 10:00 AM Aston Gardens "Wii" Bowling Team (B) 11:30 AM Chair Pilates (B) ***1:00 PM "Friday" Duplicate Bridge (AR)*** ***1:30 PM Euchre (FR)*** 2:00 PM Skip-Bo (AR) 2:30 PM Aston Gardens Chorus Practice (B) ***7:00 PM Team Trivia (B)***	**23** *Purim (begins on the evening)* 9:00 AM Bocce (CR) 9:30 AM Rosary & Communion (B) 10:00 AM Crochet & Knit (Regency 3rd floor) ***10:00 AM "The Late Comers" Bridge Team (AR)*** 2:00 PM Mex. Train Dominoes (AR) 6:30 PM Rummikub (AR)
24 *Palm Sunday* *Purim (ends after dark)* 9:00 AM Venice Presbyterian Church (MCH) 9:15 AM Our Lady of Lourdes (MCH) 10:00 AM Mercy Fellowship Church (MCH) 12:00 PM Sequence (AR) ***1:15 PM Venice Theater (MCH)*** 2:00 PM Poker (L) 3:00 PM Play 9 (card game) (AR) 5:00 PM Crossword Puzzle Club (AR)	**25** 9:00 AM Hearing Clinic (AR) 9:30 AM Workout with Jane (B) 10:00 AM Creative Writing Club (AR) ***10:30 AM Monday Morning Movie: An Interview with God (B)*** 11:00 AM Spot on Tailoring (PR) ***11:30 AM Lunch Outing: Cracker Barrel (MCH)*** 1:30 PM Pokeno (B) ***4:00 PM Live Music Concert with Larry B. (L)*** ***6:15 PM Venice Concert Band - Bus Outing (MCH)*** ***6:30 PM "Devine Mercy Cenacle" with Esther Sebesto" (B)*** 6:30 PM Left, Right, Center w/ dimes (AR)	**26** 9:00 AM Bocce (CR) ***9:15 AM UNO (FR)*** 10:00 AM Water Aerobics Class with Jane (P) ***10:30 AM Community Painting & Mixed Media Artist Class (AR)*** 11:30 AM Balance Exercise (B) 1:00 PM Intermediate Bridge Lessons (AR) 2:00 PM Bingo (B) 3:15 PM Hand & Foot (FR) 6:30 PM Bible Study (B) ***6:30 PM Bible Study - Feature Week "THE CHOSEN" (B)***	**27** ***9:00 AM Bus to Banks (MCH)*** 9:00 AM Putt 1,2,3 (PG) 9:30 AM Blood Pressure Check (PR) 9:30 AM Workout with Jane (B) ***10:00 AM Bridge (AR)*** ***11:00 AM Bus to Library (MCH)*** 1:00 PM Mahjong (AR) ***3:00 PM Chair Volleyball (B)*** 6:30 PM Bingo (B)	**28** 9:00 AM Bocce (CR) 9:30 AM Chair Yoga (B) 11:00 AM Chair Yoga (B) 11:00 AM Phase 10 (AR) ***1:30 PM Community Safety Talk with Sergeant Sean Hammett (B)*** 1:30 PM Drums of Unity - March Special with Joe Licinski (B) 3:00 PM Jeopardy with Bob (B) 3:15 PM Kings in the corner (AR) ***6:30 PM Duplicate Bridge (B)***	**29** *Good Friday* 9:30 AM Pinochle (FR) 10:00 AM Aston Gardens "Wii" Bowling Team (B) 11:30 AM Chair Pilates (B) 1:00 PM Bunco (AR) ***1:00 PM "Friday" Duplicate Bridge (AR)*** ***1:30 PM Euchre (FR)*** 2:00 PM Skip-Bo (AR) 2:30 PM Aston Gardens Chorus Practice (B)	**30** 9:00 AM Bocce (CR) 9:30 AM Rosary & Communion (B) 10:00 AM Crochet & Knit (Regency 3rd floor) ***10:00 AM "The Late Comers" Bridge Team (AR)*** 2:00 PM Mex. Train Dominoes (AR) 6:30 PM Rummikub (AR)
31 *Easter* 9:00 AM Venice Presbyterian Church (MCH) 9:15 AM Our Lady of Lourdes (MCH) 12:00 PM Sequence (AR) ***1:30 PM Easter Premiere Movie: The Passion of Christ (B)*** 2:00 PM Poker (L) 3:00 PM Play 9 (card game) (AR) 5:00 PM Crossword Puzzle Club (AR)					**KEY** AR - Activity Room B - Ballroom CR - Court FR - Florida Room LB - Lobby L - Lounge MCH - Meet in Clubhouse - Bus Trip PUYB - Pick Up at Your Building P - Pool PG - Putting Green PR - Puzzle Room - BUS Lunch Outing	- Creative Expressions - IL Bus Outing - Spiritual - Physical - Mind Stimulation - Booked - Room Reserved - Social - Lecture - Pet Therapy - Sign-Up Required - Ticket Holders Check-in - Charge Applied

Independent Living

Calendar questions? Call Chamika at 941-564-4042

ASTON GARDENS At Pelican Pointe
By Discovery Senior Living

March 2024

THE INN (AL) CALENDAR

SUN	MON	TUE	WED	THUR	FRI	SAT
KEY ALAR - AL Activity Room ALLR - AL Living Room - Emotionally Uplifting - Creative Expressions - Spiritual - Physical - Mind Stimulation - Scenic Bus Outing - Social - Pet Therapy		 **begins Sunday, March 10**			**1** **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Mind Stimulation: Puzzle_Travel Destination (ALAR)** 11:15 AM Creative Independence: Quilted Owl Coloring with Music (ALAR) 1:30 PM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **4:15 PM Discussion: Daily Chronicles & Today in History (ALAR)**	**2** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Puzzle_ Sound of Music (ALAR)** **2:15 PM Bingo (ALAR)** 4:00 PM Word Puzzles & Brain Games (ALAR)
3 **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **1:30 PM Mind Stimulation: Puzzle_ White House Pets (AL and MC Combined in AL Living Room)** **2:15 PM Sundae's on Sunday with Rock & Roll Music (AL and MC Combined in AL Activity Room)** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)** **4:00 PM Creative Independence: Adult Coloring_ Pets with Music (ALAR)**	**4** **10:30 AM Strength & Stretch with Jane (ALAR)** **11:15 AM Mind Stimulation: Puzzle_ March IQ (ALAR)** **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Celtic Knots (ALAR)**	**5** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **1:30 PM Mind Stimulation: Puzzle_My Fair Lady (ALAR)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:00 PM Pet Therapy with Lucy (ALLR)** **3:30 PM Bingo (ALAR)**	**6** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Game_ Grocery Scavenger Hunt (ALAR)** 1:30 PM Creative Independence: Adult Coloring with Music (ALAR) **2:15 PM Pokeno (ALAR)** 4:00 PM Craft Hour: St Patricks Day (ALAR) **6:00 PM Movie Night (ALLR)** 6:30 PM Movie Time: Popcorn & Drinks (ALLR)	**7** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Game_Lucky Numbers (ALAR)** **1:30 PM Mind Stimulation: Crossword_All Sevens (ALAR)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:30 PM Bingo (ALAR)** 6:00 PM Word Puzzles & Brain Games (ALAR)	**8** International Womans Day **9:30 AM Chair Exercise with Music (ALAR)** **10:30 AM Mind Stimulation: Concentration Puzzle_Women's Theme (ALAR)** **11:15 AM Creative Independence: Adult Coloring_ Rosie the Riveter & Music (ALAR)** **1:30 PM Mind Stimulation: Puzzle_Historical Women (ALAR)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **4:15 PM Discussion: Daily Chronicles & Today in History (ALAR)** **4:15 PM Mind Stimulation: Trivia_ Notable Women (ALAR)**	**9** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Bingo (ALAR)** **4:00 PM Picture It: What's Wrong with This Picture? (ALAR)**
10 Daylight Savings Time Begins **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** 1:30 PM Hymns Sing Along (AL and MC Combined in AL Living Room) **1:30 PM Mystery Bus Ride** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)** **4:00 PM Cranium Crunch: Oscar Movie Mashup (ALAR)**	**11** **10:30 AM Strength & Stretch with Jane (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Green Apples on My Eye (ALAR)**	**12** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **1:30 PM Mind Stimulation: Puzzle_ Secret Garden Quotes (ALAR)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:00 PM Pet Therapy with Lucy (ALLR)** **3:30 PM Bingo (ALAR)**	**13** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 1:30 PM Creative Independence: Adult Coloring with Music (ALAR) **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Paper Cactus (ALAR)** **6:00 PM Movie Night (ALLR)** 6:30 PM Movie Time: Popcorn & Drinks (ALLR)	**14** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Puzzle_Spring Time (ALAR)** 1:30 PM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:30 PM Bingo (ALAR)** 6:00 PM Word Puzzles & Brain Games (ALAR)	**15** **9:30 AM Chair Exercise with Music (ALAR)** 10:30 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **11:15 AM Creative Independence: Adult Coloring_ Butterfly with Music (ALAR)** **1:30 PM Mind Stimulation: Puzzle_A Good Night Sleep (ALAR)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **2:45 PM Live Music Concert by DJ Diamond Jim (AL and MC Combined in AL Living Room)** **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **4:15 PM Discussion: Daily Chronicles & Today in History (ALAR)**	**16** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Bingo (ALAR)** 4:00 PM Word Puzzles & Brain Games (ALAR)
17 St. Patrick's Day **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **1:30 PM Mind Stimulation: Puzzle_ Things that are Green (AL and MC Combined in AL Living Room)** **2:15 PM Sundae's on Sunday with Rock & Roll Music (AL and MC Combined in AL Activity Room)** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)** 4:00 PM Creative Independence: Adult Coloring with Music (ALAR)	**18** **10:30 AM Strength & Stretch with Jane (ALAR)** **11:15 AM Mind Stimulation: Game_Ping Pong Can Toss (ALAR)** **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Sock Bunny (ALAR)**	**19** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **1:30 PM Mind Stimulation: Puzzle_Story Telling (ALAR)** **2:00 PM "Let's Sing" with Patty & Group (AL and MC Combined in AL Living Room)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:00 PM Pet Therapy with Lucy (ALLR)** **3:30 PM Bingo (ALAR)**	**20** Happy Birthday JoAnn Y. **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Game_ Grocery Scavenger Hunt (ALAR)** 1:30 PM Creative Independence: Adult Coloring with Music (ALAR) **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Sock Bunny (ALAR)** **6:00 PM Movie Night (ALLR)** 6:30 PM Movie Time: Popcorn & Drinks (ALLR)	**21** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **1:30 PM Mind Stimulation: Chat & Reminisce_ Mixing Memories (ALAR)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:30 PM Bingo (ALAR)** 6:00 PM Word Puzzles & Brain Games (ALAR)	**22** **9:30 AM Chair Exercise with Music (ALAR)** 10:30 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 11:15 AM Creative Independence: Adult Coloring with Music (ALAR) **1:30 PM Mind Stimulation: Discuss & Recall_ See You in the Funnies (ALAR)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **4:15 PM Discussion: Daily Chronicles & Today in History (ALAR)**	**23** Purim (begins at sunset) **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Bingo (ALAR)** 4:00 PM Word Puzzles & Brain Games (ALAR)
24 Palm Sunday Purim (ends after dark) **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** 1:30 PM Hymns Sing Along (AL and MC Combined in AL Living Room) **1:30 PM Mystery Bus Ride** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)** **4:00 PM Creative Independence: Craft_ Folding Paper Cross (ALAR)**	**25** **10:30 AM Strength & Stretch with Jane (ALAR)** **11:15 AM Mind Stimulation: WHO AM I? (ALAR)** **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Sock Bunny (ALAR)**	**26** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Poetry & Nature (ALAR)** 1:30 PM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:00 PM Pet Therapy with Lucy (ALLR)** **3:30 PM Bingo (ALAR)**	**27** **9:30 AM Chair Exercise with Music (ALAR)** 11:15 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 1:30 PM Creative Independence: Adult Coloring with Music (ALAR) **2:15 PM Pokeno (ALAR)** **4:00 PM Craft Hour: Swirly Spiral Egg (ALAR)** **6:00 PM Movie Night (ALLR)** 6:30 PM Movie Time: Popcorn & Drinks (ALLR)	**28** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Baseball Trivia (ALAR)** **1:30 PM Mind Stimulation: Baseball Maze (ALAR)** **2:15 PM Ladies Pampering (Nails) with Relaxing Music (ALAR)** **3:30 PM Bingo (ALAR)** 6:00 PM Word Puzzles & Brain Games (ALAR)	**29** Good Friday **9:30 AM Chair Exercise with Music (ALAR)** 10:30 AM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 11:15 AM Creative Independence: Adult Coloring with Music (ALAR) 1:30 PM Mind Stimulation: Word Search, Puzzle, & Games (ALAR) 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **3:30 PM Live Music Concert by Jonny Puma (AL and MC Combined in AL Living Room)** **4:15 PM Discussion: Daily Chronicles & Today in History (ALAR)**	**30** **9:30 AM Chair Exercise with Music (ALAR)** **11:15 AM Mind Stimulation: Puzzle_ Red Cross (ALAR)** **2:15 PM Bingo (ALAR)** **4:00 PM Brain Games: Random Trivia (ALAR)**
31 Easter **9:30 AM Chair Exercise with Music (ALAR)** **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** 1:30 PM Hymns Sing Along (AL and MC Combined in AL Living Room) **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)** **4:00 PM Creative Independence: Adult Coloring_ "He Has Risen" with Music (ALAR)**		 **Sunday, March 24**	 **Friday, March 29**			

ASTON GARDENS
At Pelican Pointe
By Discovery Senior Living

March 2024

THE GARDENS (MC) CALENDAR

SUN	MON	TUE	WED	THUR	FRI	SAT
KEY ALLR - AL Living Room MC - Memory Care Program - Emotionally Uplifting - Creative Expressions - Spiritual - Physical - Mind Stimulation - Scenic Bus Outing - Social - Pet Therapy					**1** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM Art & Music Therapy : Puppy & Kittens (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)**	**2** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**
3 **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **2:15 PM Sundae's on Sunday with Rock & Roll Music (AL and MC Combined in AL Activity Room)** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)**	**4** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM MC - Morning Inspirational Reading (MC)** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**	**5** **10:30 AM MC - Morning Inspirational Reading (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** **3:00 PM Pet Therapy with Lucy (ALLR)** 3:30 PM Noddle Ball & Music with Friends (MC)	**6** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Puzzles with Friends to Soothing Music (MC) **3:15 PM Art & Music Therapy (Coloring & Sing Along) (MC)**	**7** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** 3:30 PM Noddle Ball & Music with Friends (MC)	**8** International Women's Day **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM Art & Music Therapy: Rosie The Riveter (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)**	**9** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**
10 Daylight Savings Time Begins **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **1:30 PM Mystery Bus Ride** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)**	**11** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM MC - Morning Inspirational Reading (MC)** 10:30 AM Puzzles with Friends to Soothing Music: Mystery balloon sensory (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**	**12** **10:30 AM MC - Morning Inspirational Reading (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** **3:00 PM Pet Therapy with Lucy (ALLR)** 3:30 PM Noddle Ball & Music with Friends (MC)	**13** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Puzzles with Friends to Soothing Music (MC) **3:15 PM Art & Music Therapy (Coloring & Sing Along) (MC)**	**14** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** 3:30 PM Noddle Ball & Music with Friends (MC)	**15** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM Art & Music Therapy (Coloring & Sing Along) (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **2:45 PM Live Music Concert by DJ Diamond Jim (AL and MC Combined in AL Living Room)** **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)**	**16** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**
17 St. Patrick's Day **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **2:15 PM Sundae's on Sunday with Rock & Roll Music (AL and MC Combined in AL Living Room)** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)**	**18** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:00 AM Live Music with Sheryl -Harp & Percussion- (Memory Care (only) Program)** **10:30 AM MC - Morning Inspirational Reading (MC)** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**	**19** **10:30 AM MC - Morning Inspirational Reading (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:00 PM "Let's Sing" with Patty & Group (AL and MC Combined in AL Living Room)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** **3:00 PM Pet Therapy with Lucy (ALLR)** 3:30 PM Noddle Ball & Music with Friends (MC)	**20** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Puzzles with Friends to Soothing Music (MC) **3:15 PM Art & Music Therapy (Coloring & Sing Along) (MC)**	**21** **10:30 AM MC - Morning Inspirational Reading: Reminiscing (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** 3:30 PM Noddle Ball & Music with Friends (MC)	**22** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM Art & Music Therapy : Artist Impression (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)**	**23** Purim (begins on the evening) 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**
24 Palm Sunday Purim (ends after dark) **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **1:30 PM Mystery Bus Ride** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)**	**25** **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM MC - Morning Inspirational Reading (MC)** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**	**26** **10:30 AM MC - Morning Inspirational Reading (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** **3:00 PM Pet Therapy with Lucy (ALLR)** 3:30 PM Noddle Ball & Music with Friends (MC)	**27** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Puzzles with Friends to Soothing Music (MC) **3:15 PM Art & Music Therapy (Coloring & Sing Along) (MC)**	**28** **10:30 AM MC - Morning Inspirational Reading (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** **2:15 PM Pampering Hand Massage with Smoothing Music (MC)** 3:30 PM Noddle Ball & Music with Friends (MC)	**29** Good Friday **9:30 AM MC - Morning Inspirational Reading (MC)** **10:30 AM Art & Music Therapy: Rainbow Sensory (MC)** **11:15 AM Sing-a-Long to Oldies (MC)** **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)** 2:15 PM Relaxing Hand Massage with Spa Music (AL and MC Combined in AL Living Room) **3:00 PM Happy Hour (AL and MC Combined in AL Living Room)** **3:30 PM Live Music Concert by Jonny Puma (AL and MC Combined in AL Living Room)**	**30** 10:30 AM Puzzles with Friends to Soothing Music (MC) **1:30 PM Ball Toss & Fun Chair Exercises to Music (MC)**
31 Easter **10:15 AM Our Lady of Lourdes Catholic (AL and MC Combined in AL Living Room)** **2:15 PM Sunday Movie Matinee (AL and MC Combined in AL Living Room)**						

ASTON GARDENS
At Pelican Pointe
By Discovery Senior Living